

GUIDE TO HEALTHY LIVING

TRAINING REGISTRATION CONTACT:

ZOSIMO ARISTA, (808) 586-6100

COHORT 1 TRAINING SESSION 1:

Orientation: December 3, 2021, at 9:00 AM

Trainings: January 7, 14, 21, 28, 2022 and February 4 and 11, 2022

COHORT 2 TRAINING SESSION 2:

Orientation: May 27, 2021, at 9:00 AM

Trainings: June 10, 17, 24, 2022 and July 1, 8, 15, 2022

