



To build a strong systemic approach of ongoing education that supports individuals with an intellectual and developmental disability and their Vision for a Good Life



To register, please visit – <https://health.hawaii.gov/ddd>

1st Tuesday of the Month, from 11 am to 12 pm

Open to all DDD Stakeholders including AFH Caregivers, Families, Family Caregivers, CD Employers, Waiver Providers, Service Supervisors, Direct Support Workers, DDD staff, and Community Agencies

Training Topic*	8/3/21	9/7/21	10/5/21	11/2/21	12/7/21	1/4/22	2/1/22	3/1/22	4/5/22	5/3/22	6/7/22
Overview of LifeCourse Framework, Session 1 <i>The 2-part series will provide an overview and introduction of the guiding principles of the LifeCourse Framework.</i>	x								x		
Overview of LifeCourse Framework, Session 2 <i>The 2-part series will provide an overview and introduction of the guiding principles of the LifeCourse Framework.</i>			x								x
Introduction to Healthy Living <i>Learn how the Guide to Healthy Living tool can be used to create new habits around eating healthy, exercising, and feeling good.</i>				x						x	
Intellectual Disabilities & Dementia <i>Learn about basics of dementia and the risk of Alzheimer's disease for persons aging with an intellectual disability.</i>							x				
Aspiration & Dental <i>Learn the importance of oral hygiene and the risk factors to prevent aspiration.</i>								x			

If you would like to request for an accommodation due to a disability, the deadline to request an accommodation is 2 weeks prior to the event. We will make every effort to accommodate your participation in this event.

For additional questions, please contact the DDD Training Unit either by phone (808) 453-6030 or by email doh.ddtraining@doh.hawaii.gov