

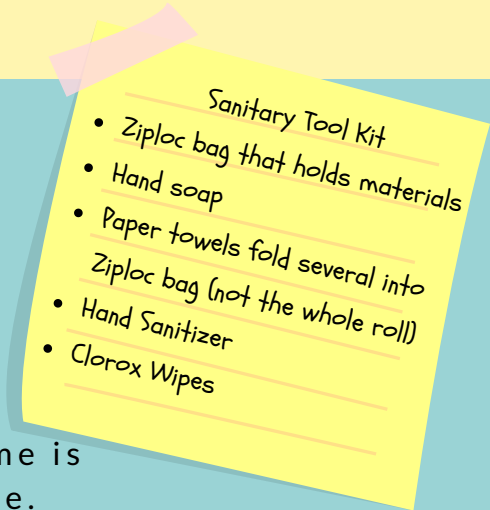


# GUIDANCE FOR DIRECT SUPPORT WORKERS

Essential workers like direct support workers and nurses are critical in ensuring the health and safety of people with intellectual and developmental disabilities (I/DD). For essential workers that need to have direct contact with the person, it is important to follow these steps:

## PREPARE AHEAD OF TIME

- Bring only items necessary for the visit into the home.
- Bring Sanitary Tool Kit into the home.
- Do not bring personal items into the home, whenever possible
- Stay home if you are sick.
- Contact the family member or caregiver prior to conducting the home visit to confirm no one in the home is showing any signs of illness and ask permission to come.
- If anyone is ill or if the family or caregiver is uncomfortable with visitors, the visit should be canceled.



## PRACTICE DAILY HYGIENE AND INFECTION CONTROL



Greet families verbally and avoid physical contact.



Keep 6 feet distance between people, if possible.



Wash hands often with soap upon arrival, departure, and as needed.



Wear a mask if interacting with a person who is symptomatic.



Check for the latest CDC guidelines.



Cover your mouth with a tissue or sleeve when coughing or sneezing.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Clean and sanitize items between home visits.

**FOR MORE INFO, VISIT -**  
**<https://health.hawaii.gov/ddd>**  
**<https://health.hawaii.gov/bhhsurg/>**