



Websites with Information and Resources for Families to Help Children Learn and Grow

INFORMATION ON HELPING CHILDREN LEARN AND GROW

- [CDC Act Early: Milestone Moments](#) – *developmental milestones (things most children can do by a certain age); helping children learn and grow.*
- [CDC Act Early: Track Your Child's Developmental Milestones](#)
- [CDC: Positive Parenting Tips](#) – *developmental milestones; helping children learn and grow.*
- [More than Baby Talk](#) – *ways to promote language and communication skills of infants and toddlers.*
- [UH Center on the Family: Learning to Grow](#) – *activities to help a child learn and grow.*
- [Zero to Three: Free Parent Brochures and Guides](#) – *ways to help a child learn and grow.*

RESOURCES FOR FAMILIES IN HAWAII

- [Child Care Connection Hawai'i](#) – child-care subsidies.
- [Hilopa'a Family to Family Health Information Center](#) – Help for families in navigating the health care system.
- [PATCH](#) – information on choosing, paying for, and locating child-care.
- [The Parent Line](#) - Telephone support and information regarding parenting challenges, behavior issues, community resources.
- [WIC](#) – Special Supplemental Nutrition Program for Women, Infants and Children.

