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Leo, paint chips can have lead in them. Lead is bad for you. Don't put paint chips in your mouth.



Lena, the paint is peeling. Let's play some place else. Uncle will call for free help and advice.



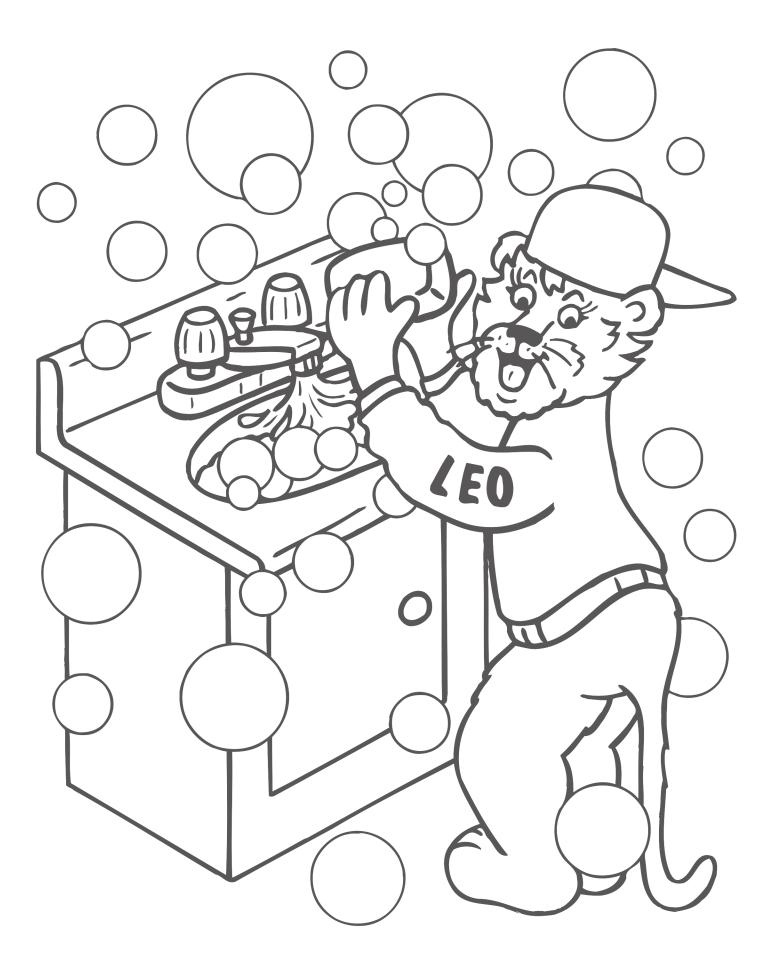
Dirt near buildings and busy roads might have lead in it. Leo, let's find a grassy field.



Mr. Monkey, don't plant food there. Lena says that dirt might have lead in it.



Uncle works with lead at his job. He always cleans up before coming home.



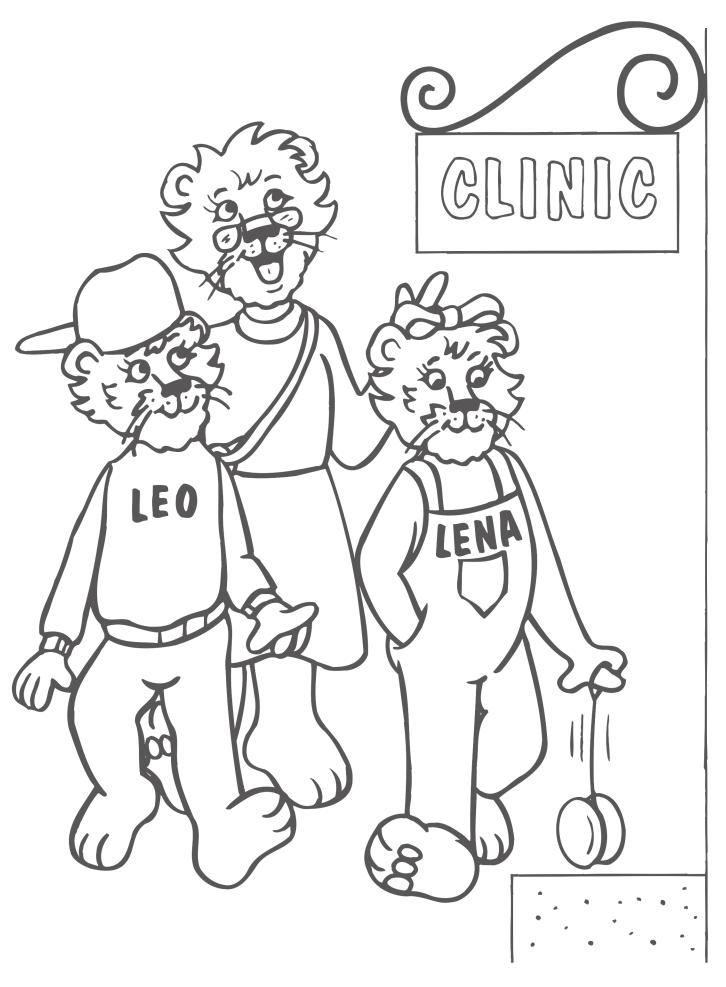
I'm washing my hands to get rid of any lead. Sanitizer works on germs but NOT lead.



I'm thirsty. But I am letting the water run on cold for a minute to help get rid of lead.



Aunty, did you know your cup could be made with lead?



Come on, Leo and Lena. You need to get your lead tests.



You both check out fine. See you again next year!



# How to protect keiki from lead



Need help or advice? Call or text us at 808-733-9012

Lead.hawaii.go

#### Keep it clean



Wash hands often



Clean toys and teethers often



Use a HEPA vacuum, wet mop, and wet paper towels



Don't sweep



Keep shoes outside

# Things to play with



Toys made after 2012



No fishing sinkers



No jewelry



No antiques



No souvenirs

## Where to play



Grassy areas



Away from busy roads



Away from dirt



Away from chipping paint

#### Food and drinks



Regular meals with lots of calcium, iron, and vitamin C



Don't use hot water tap for cooking, drinking, or formula



Don't use old, antique, or worn out dishes



Don't use food, spices, or medicine with foreign labels

## Work and **hobbies**



Shower and change before coming home if you work with lead



Wash work clothes separately with extra rinse cycle



Store work and hobby supplies out of reach



Don't melt lead near where kids live or play



Test your home for lead paint

Test at-risk children for lead at



and



2 years