

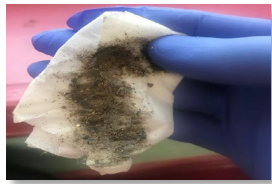
Lead poisoning is 100% preventable

There is no safe level of lead for a child. Even a little lead in a child's blood can hurt their ability to learn, pay attention, and do well in school. The good news is that lead poisoning is preventable. Learn about lead sources and how to keep children away from lead.

Lead Sources



Old Paint



Dust



Dirt



Old Toys



Jewelry



Dishes



Souvenirs



Foreign Things



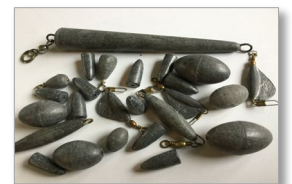
Water



Antiques



Jobs and Hobbies



Fishing Tackle

3 Things You Can Do

1 Make your home lead-safe

- Check your home for paint falling apart
- Get rid of dust with wet paper towels and a wet mop
- Test for lead paint before repairs or renovations
- Don't use hot water tap for cooking, drinking, or formula

2 Make sure your things don't have lead in them

- Don't let children play with old toys made before 2012
- Don't let children play with things made for adults
- Don't use old, used, or worn dishes
- Don't use things brought in from another country

3 Take everyday steps to stay healthy

- Give children safe areas to play – no dirt or chipping paint
- Wash hands before eating and after playing outside
- Remove shoes before going in a home
- Learn how to keep lead at work away from children
- Don't melt lead or cast sinkers where children live or play

Keiki Testing

Talk to your child's doctor about getting a finger prick lead test. If your child has lead in their blood, we will work with your family and your child's doctor to find the lead source and connect you with the right kind of help.

Scan to learn more about testing your keiki for lead at 12 and 24 months.



Call us for help. It's free and easy.
(808)733-9012

Keiki do better in school when they stay away from lead.



Lead.hawaii.gov