

3 Things you can do to help lower your keiki's lead level

Even a little lead in their blood can hurt a child's ability to learn, pay attention, and do well in school, but there are many things you can do to help.

1 Get help finding the lead source.

Dealing with lead poisoning can be stressful. We will work with your family and your child's doctor to find the lead source and help your child.

Call us at 808-733-9012 today.

Did you know? More than half of finger stick tests that show lead in a child's blood may be wrong. This is why getting a venous lead test is so important.



2 Make a plan with your doctor.

Work together with your child's doctor to get follow-up testing and the right kind of care for your child. Ask questions if you don't understand something.

You may need to:

- Go back for a venous lead test.
- Complete a developmental screening.
- Check for iron levels.

When finger stick is:	Get venous test within:
3.5 - 9.9	3 months
10 - 19.9	1 month
20 - 44.9	2 weeks
45 or more	2 days

3 Learn more and work together.

Work with your child's doctor and our program to learn more about lead and the best ways to help your child.

- Review information mailed to you and visit Lead.hawaii.gov.
- Get personalized help at 808-733-9012.
- Work closely with your child's doctor.

Call us for help. It's free and easy.

(808) 733-9012

Keiki do better in school and do better in life when they stay away from lead.



Lead.hawaii.gov