

SHARING OUR 'ULU

State and Community Resources for Children Age 0-5 Years and Their Families

<https://health.hawaii.gov/cshcn/resourcelists/>

Child Care/Education

- [Early Intervention](#)
- [Special Education](#)
- [EOEL Public Pre-Kindergarten](#)
- [Early Head Start/Head Start](#)
- [Child Care Connection Hawaii](#)
- [PATCH](#)
- [Hi'ilei Developmental Screening](#)
- [Learn the Signs. Act Early.](#)
- [Hawaii State Public Libraries](#)
- [Education of Homeless Children & Youth](#)
- [Special Parent Information Network](#)

Food/Nutrition

- [Special Supplemental Nutrition Program for Women Infants and Children \(WIC\)](#)
- [Supplemental Nutrition Assistance Program \(SNAP\)](#)
- [Free and Reduced Price Lunch Program](#)

Economic / Housing

- [Public Assistance](#)
- [Division of Vocational Rehabilitation](#)
- [Homeless Programs](#)
- [Hawaii Public Housing Authority](#)

Health/Wellness

CHILD HEALTH

- [Newborn Hearing Screening](#)
- [Newborn Metabolic Screening](#)
- [Home Visiting: Your 'Ohana](#)
- [Childhood Lead Poisoning Prevention](#)
- [Children with Special Health Needs](#)
- [Developmental Disabilities](#)
- [Public Health Nursing](#)
- [School Health Requirements](#)

CHILD BEHAVIOR

- [The Parent Line](#)
- [Hawaii Families as Allies](#)
- [Association for Infant Mental Health HI](#)
- [Child and Adolescent Mental Health](#)

FAMILY HEALTH

- [Family Planning Services](#)
- [Perinatal Support Services](#)
- [Depression](#)
- [Domestic Violence](#)
- [Substance Use](#)
- [Tobacco Use](#)

PROTECTION – CHILD AND ADULT

- [Child Welfare Services](#)
- [Adult Protective & Community Services](#)

HEALTH CARE COVERAGE

- [Med-QUEST: QUEST Integration](#)

Other Resources

- [AUW 211](#)
- [Hawaii Literacy](#)
- [Community Resource Guide \(PSD\)](#)



Child Care/Education

Early Intervention (Department of Health funded)

<http://health.hawaii.gov/eis/>

EI Referral: (808) 594-0066, or toll-free 1(800) 235-5477. Fax: (808) 586-0016

Services support the development of children 0-3 years. Eligible children must have a developmental delay (such as in talking, standing/walking, eating, and playing with others) or medical condition that is likely to result in developmental delay. No cost to families.

Special Education (Department of Education)

<https://www.hawaiipublicschools.org/TeachingAndLearning/SpecializedPrograms/SpecialEducation/Pages/home.aspx>

For information, call statewide: (808) 305-9810, or toll-free 1(800) 297-2070

To request an evaluation: Contact the child's home school (neighborhood school)

Services are for eligible children and youth age 3 to 22 years who have a need for specially designed instruction, related services, and other aids. No cost to families.

Executive Office on Early Learning (EOEL) Public Prekindergarten Program

<https://earlylearning.hawaii.gov/eoel-public-prekindergarten-program/>

For information, contact (808) 784-5350 or your nearest school

Children must be age 4 years on or before July 31 of the current school year. Priority – children who are eligible for special education and require general education placement, in foster care, are homeless or have unstable housing, dual- or multi-language learners, low family income, or other factors.

Low to No-Cost Early Childhood Development and Learning Programs Resource List

<http://earlylearning.hawaii.gov/low-to-no-cost-early-childhood-development-and-learning-programs-resource-list/>

Early Head Start (EHS) / Head Start (HS)

<http://earlylearning.hawaii.gov/parents-and-families/hawaii-head-start-collaboration-office/>

Oahu:

Parents and Children Together (PACT) HS/EHS	(808) 842-5996
Honolulu Community Action Program (HCAP) HS/EHS	(808) 847-2400

Hawaii:

Parents and Children Together (PACT) HS/EHS	(808) 961-0570
Family Support Hawaii (FSH) EHS	(808) 326-7778

Maui:

Maui Economic Opportunity (MEO), Inc. HS	(808) 249-2988
Maui Family Support Services (MFSS) EHS	(808) 242-0900

Kauai:

Child and Family Service (CFS) HS/EHS	(808) 245-5914
---------------------------------------	----------------

Programs provides child development services. Head Start serves children age 3-5 years and their families. Early Head Start serves pregnant women, and infants/toddlers and their families. Priority for enrollment – children whose families have low income, special needs, live in unstable housing or are homeless, or in foster care.

Child Care Connection Hawaii (subsidies) (Department of Human Services)

<https://humanservices.hawaii.gov/bessd/ccch-subsidies/>

Child Care Connection Hawaii Subsidy Offices

Oahu-Honolulu	(808) 566-2600
Oahu-Waipahu	(808) 356-5575
Hilo	(808) 961-6807

Kona (808) 334-6101
Maui (808) 249-2461
Kauai (808) 245-2193

Program helps low-income families by paying a subsidy for their children who are in the care of DHS-approved child care providers. Families must meet income and activity requirements.

Preschool Open Doors

<https://www.patchhawaii.org/>

Statewide: (808) 791-2130, or toll-free 1(800) 746-5620

Program helps eligible families to send their child to a licensed preschool during school year prior to kindergarten. Limited enrollment period.

People Attentive to Children (PATCH)

<https://www.patchhawaii.org/>

Oahu (808) 839-1988
East Hawaii (808) 961-3169
West Hawaii (808) 322-3500
Maui (808) 242-9232
Molokai and Lanai (800) 242-9232
Kauai (808) 246-0622

PATCH is a child care resource and referral agency that helps families to find quality child care.

Hi'ilei Developmental Screening Program (Department of Health)

<https://health.hawaii.gov/cshcn/hiileihawaii/>

(808) 733-4971

Families of children age 0-5 years may check their child's developmental with a screening tool. Families will receive screening results, along with activities and resources.

Learn the Signs. Act Early. (CDC/Centers for Disease Control and Prevention)

<https://www.cdc.gov/ncbddd/actearly/index.html>

Families may download a FREE *Milestone Tracker* app to track their child's developmental milestones (such as for talking, standing/walking, eating, and playing with others), and get tips and activities.

Hawaii State Public Libraries

<https://www.librarieshawaii.org/>

Families may borrow children's books and download ebooks – FREE for Hawaii residents.

Education for Homeless Children and Youth

<https://www.hawaiipublicschools.org/ParentsAndStudents/EnrollingInSchool/Pages/Resources-for-homeless-families.aspx>

(808) 305-9869

Assists families who are homeless in ensuring their children continue uninterrupted access to education and service.

Special Parent Information Network

<https://spinhawaii.org/>

(808) 586-8126

Information about family support groups, community resources, special education, and other resources.



Food and Nutrition

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (Department of Health)

<https://health.hawaii.gov/wic/>

For information: (808) 586-8175, or toll-free 1(888) 820-6425

Oahu:

Kalihi-Palama WIC Program	(808) 841-0011, or (808) 842-1002
Kapiolani WIC Program	(808) 983-8531, or (808) 983-6177
Koʻoua Kalihi Valley WIC Program	(808) 791-9444, or (808) 847-1144
Leeward WIC Program	(808) 675-0365, or (808) 675-0371
Wahiawa WIC Program	(808) 622-6458, or (808) 622-6460
Waianae WIC Program	(808) 697-3504
Waimanalo WIC Program	(808) 259-7940 ext 152 or 143, or (808) 954-7168
Windward WIC Program	(808) 233-5470, or (808) 233-5482

Neighbor Islands

Bay Clinic WIC Program (Hawaii)	(808) 965-3030, or (808) 965-9895
Hilo WIC Program	(808) 974-4270, or (808) 974-4275
Kona WIC Program	(808) 322-4888, or (808) 322-1538
Kauai WIC Program	(808) 241-3080, or (808) 241-3079
Lanai WIC Program	(808) 565-6919
Maui WIC Program	(808) 984-8225, or (808) 984-8226
Molokai WIC Program	(808) 660-2614, or (808) 553-8399

Provides supplemental foods and breastfeeding support for eligible pregnant, breastfeeding, or postpartum women, and infants and children under age 5 years. Contact a WIC clinic to apply.

Supplemental Nutrition Assistance Program (SNAP) (Department of Human Services)

Information and application: <https://humanservices.hawaii.gov/bessd/snap/>

Public Assistance Information Line: Toll-free 1(855) 643-1643

Provides food and nutritional support to qualifying low-income and needy households.

Free and Reduced Price Lunch Program (Department of Education)

<https://www.hawaiipublicschools.org/TeachingAndLearning/HealthAndNutrition/StudentHealthResource/Pages/FreeReducedLunch.aspx>

For information: (808) 784-5500, or toll-free 1(800) 441-4845

Program in public and nonprofit private schools that provides low-cost or free school lunch for children.



Health/Wellness

CHILD HEALTH

Newborn Hearing Screening Program (Department of Health)

<https://health.hawaii.gov/genetics/programs/nhsp/>

808-733-9052

Provides information on testing/screening children under age 6 years for lead exposure, ways to reduce lead exposure for children, and needed follow-up based on blood lead levels. Provides financial assistance for hearing screening and evaluation if child does not have insurance

Newborn Metabolic Screening Program (Department of Health)

<https://health.hawaii.gov/genetics/programs/nbshome/>

808-733-9069

Provides information about newborn metabolic screening which tests blood spots for certain genetic disorders that may cause serious health or developmental problems if not treated early.

Home Visiting Program: Your ‘Ohana

<https://www.yourohana.org/>

Provides support services to families prenatally until the child turns age 5 years, to prevent child abuse and neglect, promote child development, and encourage positive parenting. Provides families with home visits (voluntary) in specific geographic communities.

Hawaii Childhood Lead Poisoning Prevention Program (Department of Health)

<https://health.hawaii.gov/cshcn/childhood-lead-poisoning-prevention/>

808-733-9012

Provides information on testing/screening children under age 6 years for lead exposure, ways to reduce lead exposure for children, and needed follow-up based on blood lead levels.

Children and Youth with Special Health Needs Program (Department of Health)

<https://health.hawaii.gov/cshcn/home/communitypage/>

Oahu	(808) 733-9055
East Hawaii	(808) 974-4288
West Hawaii	(808) 322-4882
Maui	(808) 984-2130
Kauai	(808) 241-3376

Provides service coordination, social work, nutrition, and limited financial help with pediatric specialty services for eligible children age 0-21 years with long-term or chronic health conditions that require specialized medical care.

Developmental Disabilities Division (Department of Health)

<http://health.hawaii.gov/ddd/>

Oahu	(808) 733-1689
Hawaii – Hilo	(808) 974-4280
Hawaii – Kona	(808) 327-6212
Hawaii – Waimea	(808) 887-6064
Maui/Lanai	(808) 243-4625
Molokai	(808) 553-7898
Kauai	(808) 241-3406

Services include personal assistance/habilitation, community learning, career planning, individual employment supports, and respite for people with developmental disabilities and/or intellectual disabilities, and their families or guardian. A child age 0-9 years who has a substantial developmental delay or specific congenital or acquired condition may be considered to have a developmental disability without meeting the above criteria, if the child, without services and supports, has a high probability of meeting those criteria later in life.

Public Health Nursing Branch (Department of Health)

<https://health.hawaii.gov/phnb/>

(808) 832-5765

Provide nursing assessment and services to individuals, families, or groups in a community. These may include case management, client advocacy, health education, health screening, monitoring, follow-up, and consultation. Provides Keiki Immunization and Tuberculosis Testing Clinics.

School Health Requirements

<https://health.hawaii.gov/docd/vaccines-immunizations/school-health-requirements/>

Hawai'i State Law requires all students to meet physical examination, immunization, and tuberculosis clearance requirements before they may attend a childcare facility, preschool, or public or private school in the State.

CHILD BEHAVIOR

The Parent Line

<http://www.theparentline.org/about-us/>
(808) 526-1222, or toll-free 1(800) 816-1222

Free confidential telephone line for questions about behavior and development of children and adolescents, parenting challenges, family concerns, and community resources.

Hawaii Families as Allies (HFAA)

<https://www.hifamilies.org/>

Supports families of children/youth who seem emotionally or behaviorally different. Certified parent support providers use "lived experience" to work with families and connect them to resources and help.

Association for Infant Mental Health in Hawaii

<https://aimhhi.org/resources>

Provides resources and links to organizations that support parents, service providers, policy makers and advocates in promoting the emotional health of infants and young children.

Child and Adolescent Mental Health Division (CAMHD) (Department of Health)

<https://health.hawaii.gov/camhd/>

Provides mental health services free of charge for eligible children and youth age 3-20 years who have severe emotional and/or behavioral challenges.

FAMILY HEALTH

Family Planning Services (Department of Health)

<https://health.hawaii.gov/mchb/home/family-planning-program/>
(808) 733-9050

Provides voluntary and confidential services to individuals, couples, and families in identifying goals and developing a plan for the number and spacing of their children and the means to achieve them.

Perinatal Support Services Program (Department of Health)

<https://health.hawaii.gov/mchb/home/perinatal-support-program/>
(808) 733-9050

Provides support services and resources for high risk pregnant women before, during, and after pregnancy (up to 6 months after birth).

DEPRESSION

Hawaii Cares (Department of Health and University of Hawaii)

<https://hicares.hawaii.gov/>
(808) 832-3100, or toll-free 1(800) 753-6879

Free mental health and substance use call center, with 24/7 local representatives. Supports adults and adolescents through crisis, treatment, and recovery.

DOMESTIC VIOLENCE

Hawaii State Coalition Against Domestic Violence

<https://www.hscadv.org/>

Website provides statewide resources for victims and survivors of domestic violence.

Domestic Violence Action Center

<https://domesticviolenceactioncenter.org/>

Oahu Helpline (808) 531-3771
Toll-free Helpline (800) 690-6200
Text Line (605) 956-5680

Provides legal information, representation and resources to victims and survivors of domestic violence. Also provides advocacy and other support services for clients.

Child & Family Services Domestic Abuse Hotlines

Oahu (808) 841-0822
West Hawaii (808) 322-7233
East Hawaii (808) 959-8864

SUBSTANCE USE

Hawaii Cares (Department of Health and University of Hawaii)

<https://hicares.hawaii.gov/>

(808) 832-3100, or toll-free 1(800) 753-6879

Free mental health and substance use call center, with 24/7 local representatives. Supports adults and adolescents through crisis, treatment, and recovery.

TOBACCO USE

Hawaii Tobacco Quitline

<https://hawaiiquitline.org/>

1-800-QUIT-NOW, or toll-free 1(800) 784-8669

Free service for Hawaii residents who think about quitting, are not ready to quit, or have already quit.

PROTECTION – CHILD AND ADULT

Child Welfare Services (Department of Human Services)

<http://humanservices.hawaii.gov/ssd/home/child-welfare-services/>

Available 24 hours a day, 7 days a week:

Child Abuse and/or Neglect: 808-832-5300 (Oahu)

Child Abuse and/or Neglect: Toll-free 1-888-380-3088 (Hawaii Island, Maui, Molokai, Lanai, Kauai)

Child Trafficking: 808-832-1999 (Oahu)

Child Trafficking: Toll-free 1-888-398-1188 (Hawaii Island, Molokai, Lanai, Kauai)

Provides services to children and their families when children are reported to have been harmed or threatened harm. Services include family strengthening and support, child protection, foster care, adoption, independent living, and licensing of resource family homes, group homes and child-placing organizations.

Adult Protective and Community Services Branch (Department of Human Services)

<http://humanservices.hawaii.gov/ssd/home/adult-services/>

Oahu: (808) 832-5115

Kauai: (808) 241-3337

Maui/Molokai/Lanai: (808) 243-5151

East Hawaii (Hilo/Hamakua/Puna): (808) 933-8820

West Hawaii (Kau/Kona/Kohala/Kamuela): (808) 327-6280

Provides protective services for vulnerable adults. Provides crisis intervention, including investigation and emergency services for vulnerable adults who are reported to be abused, neglected, or financially exploited by others or seriously endangered due to self-neglect.

HEALTH CARE COVERAGE

Med-QUEST Division: QUEST Integration (Department of Human Services)

<https://humanservices.hawaii.gov/mqd/>

Customer Service: 1-800-316-8005 toll-free

TTY users: call 1-800-603-1201 toll-free or 711

Provides eligible low-income adults and children access to health and medical coverage.

Community Resources: <https://medquest.hawaii.gov/en/resources/community-partners.html>

EPSDT Resources: https://medquest.hawaii.gov/en/plans-providers/managed-care-providers/provider-epsdt/epsdt_resources.html



Economic Supports and Housing

Public Assistance (Department of Human Services)

Public Assistance Information Line (PAIS)

Toll-free number (1-855-643-1643)

PAIS website <https://pais.dhs.hawaii.gov>

Both provide basic information on a variety of assistance programs offered through the Department of Human Services.

Temporary Assistance For Needy Families (TANF) and Temporary Assistance For Other Needy Families (TAONF)

<https://humanservices.hawaii.gov/bessd/tanf/>

TANF and TAONF are the time-limited welfare reform programs for adults with children. Programs are designed to protect those who cannot work and to require those who are able to work to do so. TANF and TAONF provide monthly cash benefits to families for food, clothing, shelter, and other essentials.

First-to-Work Program

<https://humanservices.hawaii.gov/bessd/ftw/>

Provides case management, employment, and support services to work eligible individuals of TANF households. Program services other work eligible individuals that are unable to work due to temporary disability, rehabilitation from substance abuse, and with domestic violence status.

Employment and Training (E&T)

<https://humanservices.hawaii.gov/bessd/et/>

Assists able-bodied persons receiving Supplemental Nutrition Assistance Program (SNAP) benefits to obtain employment and to become self-sufficient.

General Assistance (Ga)

<https://humanservices.hawaii.gov/bessd/ga/>

Provides cash benefits for food, clothing, shelter, and other essentials to adults ages 18 through 64, without minor dependents, who are temporarily disabled and who do not qualify for Social Security.

Aid to the Aged, Blind, and Disabled (AABD)

<https://humanservices.hawaii.gov/bessd/aabd/>

Provides cash benefits for food, clothing, shelter, and other essentials to a gap group of Hawaii residents. They are elderly adults (65 years of age or older) or individuals who meet the Social Security Administration (SSA) definition of disabled or blind. Most are not eligible for federal Social Security benefits.

Division Of Vocational Rehabilitation

<https://humanservices.hawaii.gov/vocationalrehab/>

Oahu	Honolulu	(808) 586-4824
	Kapolei	(808) 692-8604
	Deaf Section	(808) 447-1454 (VP)
	Blind Branch	(808) 586-5269 (V/TTY)
Hawaii Island	Hilo	(808) 974-6444
	Kona	(808) 323-0025
Kauai	Lihue	(808) 274-3333
Maui County	Maui, Molokai, & Lanai	(808) 984-8350

Provides services to Hawaii community members who experience barriers to employment due to a physical or cognitive disability. DVR is designed to assist job seekers with disabilities prepare, secure, and retain competitive employment in an integrated work setting.

Homeless Programs (Department of Human Services)

<http://humanservices.hawaii.gov/bessd/home/hp/>

Homeless Services Agencies Directory:

<http://humanservices.hawaii.gov/bessd/home/hp/homeless-services-agencies-directory/>

Hawaii Public Housing Authority

<http://www.hpha.hawaii.gov/>

Provides Low and Moderate Income Rental Housing Programs, including Federal and State public housing programs and Section 8 Housing Choice Voucher Program.



Other Resources

Aloha United Way 2-1-1: Community Resources

<http://www.auw211.org/>

Keiki Central (for young children's programs and services): <https://www.auw211.org/s/keiki-central>

Hawaii Literacy

<http://www.hawaiiliteracy.org>

(808) 537-6706 or email: info@hawaiiliteracy.org

Hawaii Literacy's programs give adults a second chance to learn to read and write, and train hundreds of literacy volunteers to teach in our communities. They provide books, mentors, literacy promotion, and the skills needed to break cycles of poverty and under-education.

Community Resource Guide (Department of Public Safety)

<https://dps.hawaii.gov/wp-content/uploads/2021/04/Community-Resource-Guide.pdf>

To update information, please contact Keiko Nitta at keiko.nitta@doh.hawaii.gov
Hawaii State Department of Health/Children with Special Health Needs Branch