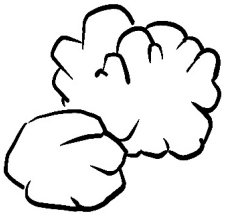
Keep Keiki Lead-Free

Hawaii Childhood Lead Poisoning Prevention Program

Keep Your Keiki Safe From Lead Poisoning

Lead.Hawaii.gov
doh.lead@doh.hawaii.gov
(808) 733-9055

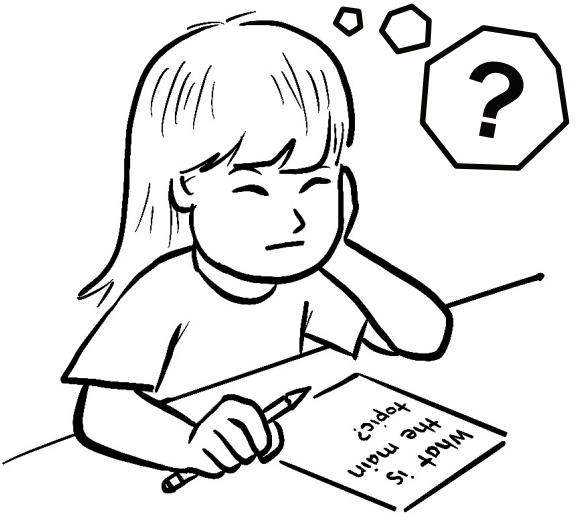


Lead is a metal that is poisonous when it gets inside our bodies.

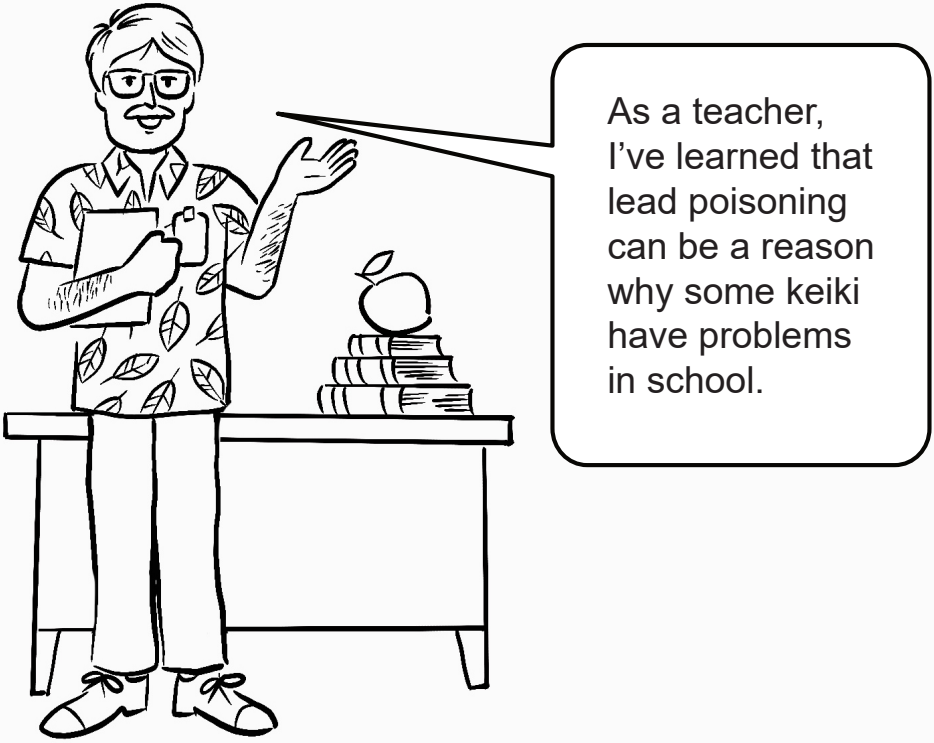
As keiki start to crawl and walk, they are more likely to be exposed to lead.

Young keiki can get lead poisoning from sources **inside and outside the home**.

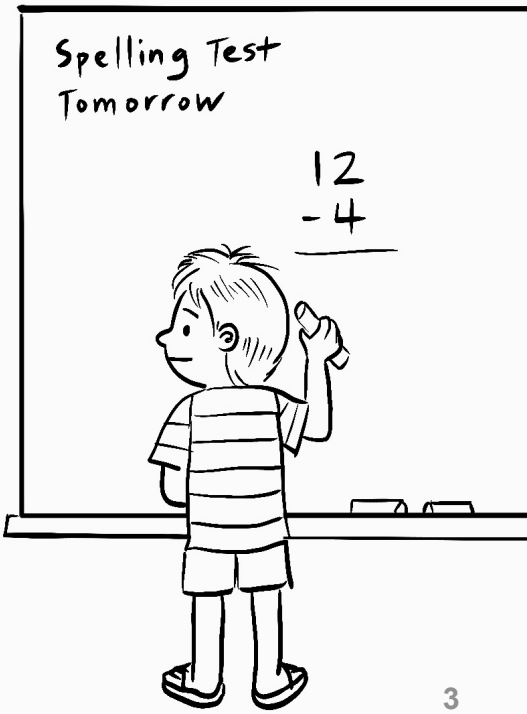
Even small amounts of lead can cause harm to your keiki's **brain development and growth**.



Lead poisoning can make it difficult for keiki to learn, pay attention, and perform well in school.



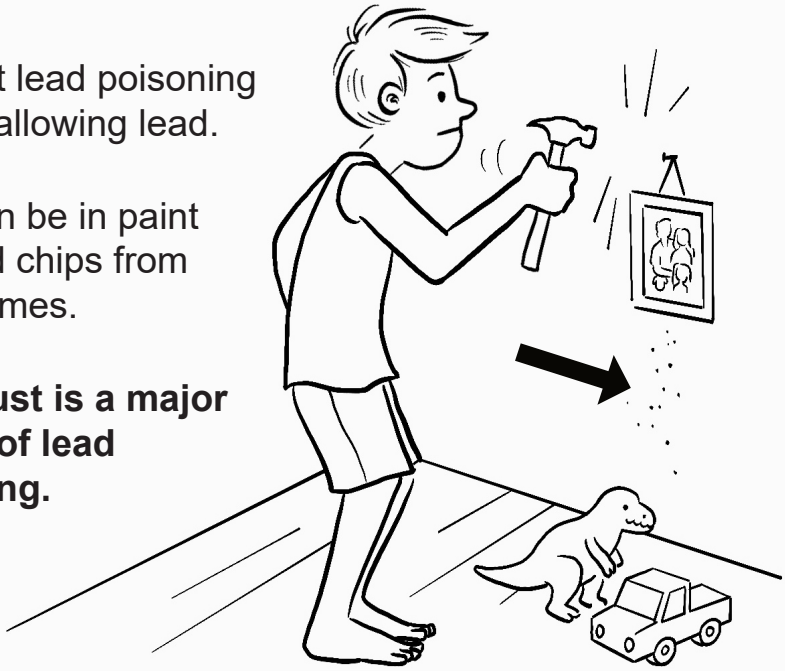
It's important to get help as early as possible to give keiki the best chance for success.



Keiki get lead poisoning from swallowing lead.

Lead can be in paint dust and chips from older homes.

Paint dust is a major source of lead poisoning.



Keiki can be poisoned by **putting things with lead or lead dust in their mouths**.

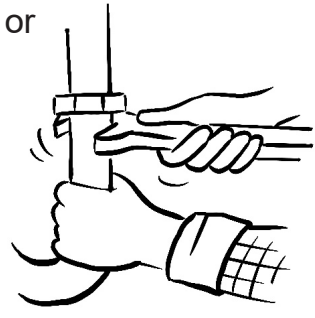
Or **putting fingers in their mouth** after touching these things.

KEIKI MAY BE AT INCREASED RISK WHEN THEY:

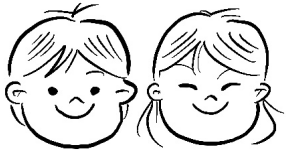
Spend time regularly at a home or care facility built before 1978.

Eat dirt, paint chips or things that are not food.

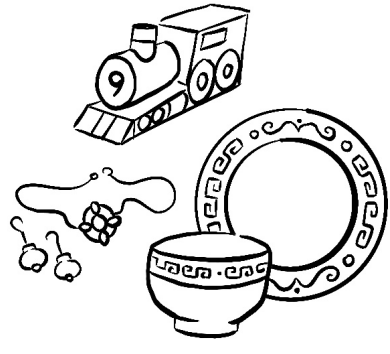
Have a parent or caregiver who is exposed to lead, either through their work or hobbies.



Live with or visit the home of a sibling, friend, or family member exposed to lead.



Are exposed to things that may contain lead.



COMMON SOURCES OF LEAD

Old Water Pipes or Fixtures

Old Paint Dust or Chips

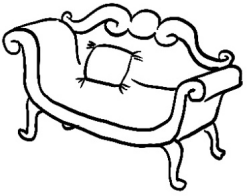
Jobs and Hobbies

Soil

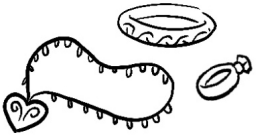
Fishing Sinkers

Pottery and Dishes

Antiques and Old Furniture

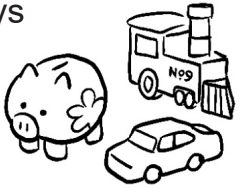


Jewelry

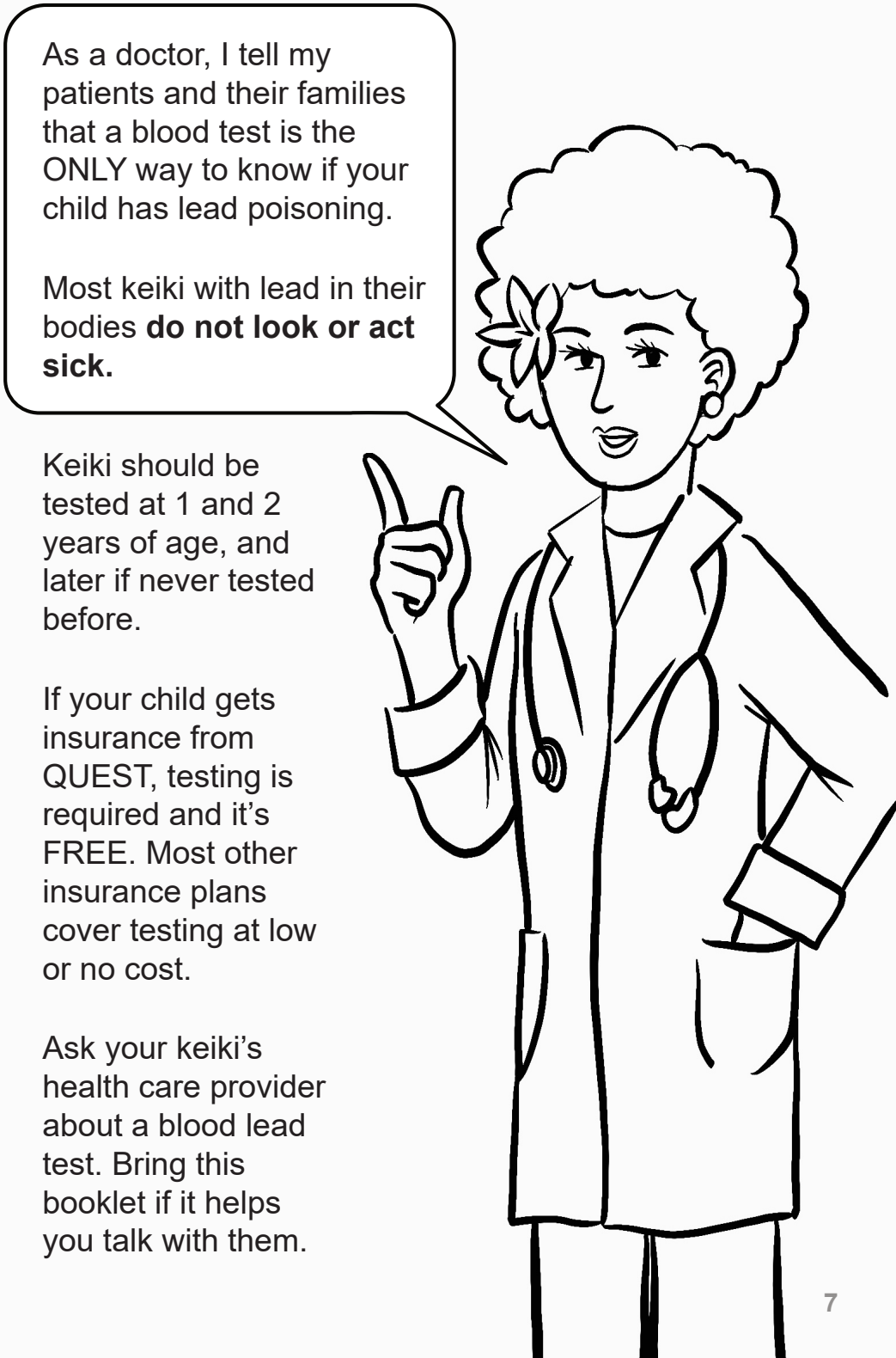


Ammunition

Vintage or Old Toys



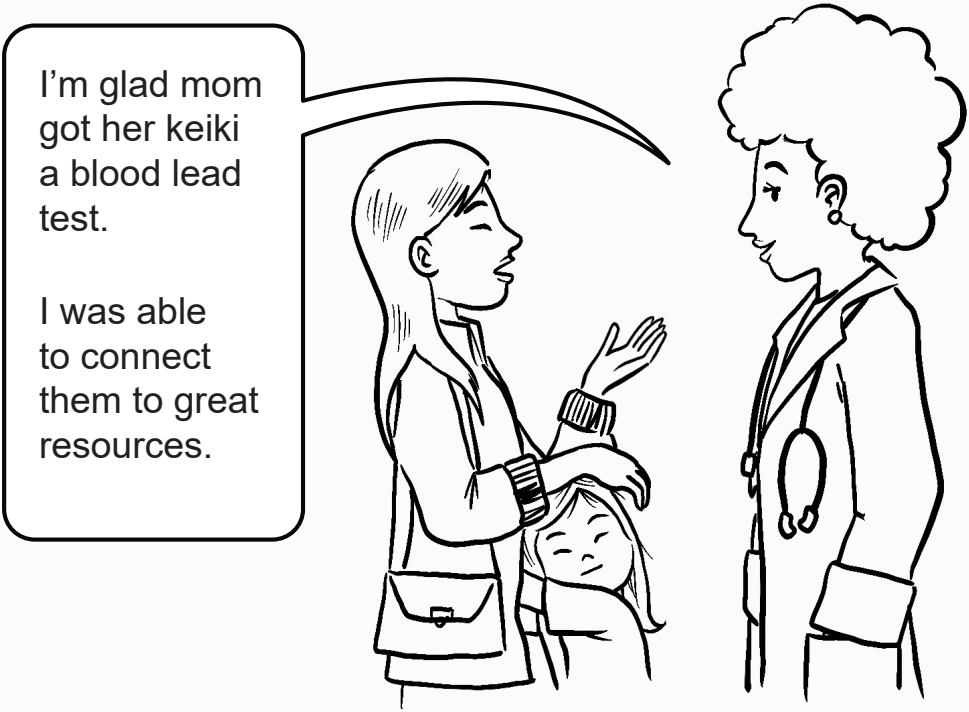
Home Remedies, Ceremonial Powders, Cosmetics, and Spices

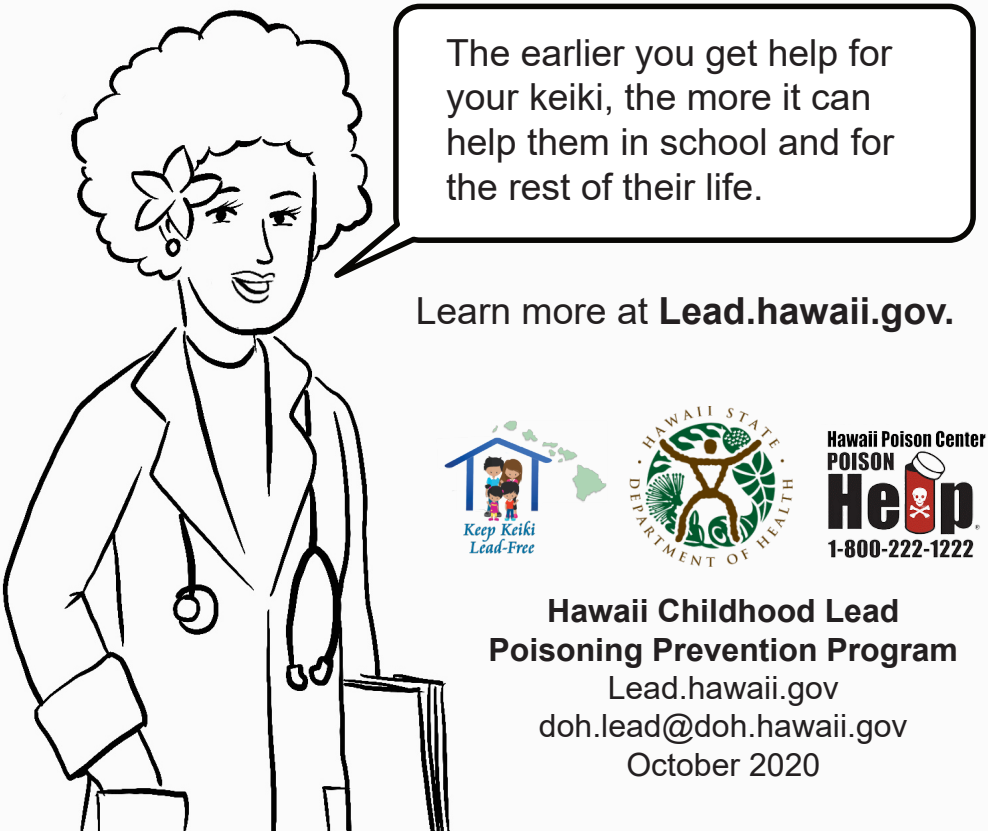


Keiki should be tested at 1 and 2 years of age, and later if never tested before.

If your child gets insurance from QUEST, testing is required and it's FREE. Most other insurance plans cover testing at low or no cost.

Ask your keiki's health care provider about a blood lead test. Bring this booklet if it helps you talk with them.





Learn more at **Lead.hawaii.gov.**

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Hawaii State Department of Health

Hawaii Poison Center
POISON Help
1-800-222-1222

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