

# Hawaii State Department of Health

Disease Outbreak Control Division



## Potential Exposure Notification for K-12 Schools

\_\_\_\_\_  
Name of Potentially Exposed Individual

\_\_\_\_\_  
Name of School

\_\_\_\_\_  
Date of Exposure

You have been identified as having potential exposure to a person with COVID-19 infection at school.

**Quarantine following in-school exposure, regardless of vaccination status, is not required.**

**What does this mean? You may remain in school unless you develop symptoms or test positive for COVID-19.** Being potentially exposed to a person with COVID-19 does not necessarily mean that you will become infected. [Multiple studies](#) have shown that transmission rates within school settings are typically lower than or similar to community transmission levels when multiple layered prevention strategies are in place.

**Follow public health recommendations to help prevent the spread of COVID-19 at home and in school.**

### Public Health Recommendations

A. Test at least 5 days after your last contact with the person with COVID-19, even if you do not have symptoms.

- Use a self-test kit **or**
- Find test locations:
  - [No-Cost COVID-19 Testing \(cdc.gov\)](https://www.cdc.gov/covid19/testing/)

B. Monitor for symptoms.

- If you develop symptoms, immediately isolate and test for COVID-19.
- If you test positive, you must isolate for at least 5 days. Use CDC's [Isolation and Exposure Calculator](#) to determine how long to isolate.
- Contact your healthcare provider right away if you are more likely to get very sick from COVID-19. Effective [treatments](#) are available.

3) If you have additional questions visit <https://hawaiiicovid19.com/translations/> for guidance available in 21 languages.

4) You can reach the Hawai'i State Department of Health at (808) 586-8332 if you have additional questions.

**Mahalo nui loa**