# COVID-19 RETURN TO WORK GUIDANCE

<table>
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<th>Situation</th>
<th>Testing/Isolation/ Exposure</th>
<th>Outcome</th>
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| COVID-19-LIKE SYMPTOMS                         | TEST FOR COVID-19 • Isolate pending results of COVID-19 testing. | • POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS):  
  o You must isolate if you test positive for COVID-19 or if you have symptoms and have been unable to test.  
  o Let your close contacts and employer know that you tested positive.  
  o You can return to work when all the following conditions are met:  
    ▪ It has been at least 5 full days since your symptoms started (or since your test date, if you have no symptoms)  
    ▪ You have had no fever for 24 hours, without taking fever-reducing medications  
    ▪ Your symptoms are improving  
    ▪ If you have a fever or are not yet improving, remain in isolation until all the above are true.  
    ▪ Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public.  
    ▪ Do not go to places where you are unable to wear a mask.  
    ▪ Employers should not require a negative COVID-19 test or provider’s note to return if all the conditions above have been met.  

  • NEGATIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS):  
    o May return to work if symptoms resolving and no fever for 24 hours without use of fever-reducing medications.  
    o If you have continuing symptoms and your negative result was from a home test, continue to isolate and test again after at least 24 hours.  

| EXPOSURE TO A PERSON WITH COVID-19             | TAKE PRECAUTIONS FOR 10 DAYS, REGARDLESS OF VACCINATION STATUS | • POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS), SEE ABOVE.  
  • Wear a well-fitted mask for 10 days when around others inside your home and indoors in public.  
  • Test if you develop symptoms and follow ISOLATION guidance.  
  • Test at least 5 full days after your last exposure even if you don’t have symptoms.  

  • Lab Confirmed COVID-19 in past 90 days:  
    o If no symptoms, no isolation, and no test.  

| ILLNESS with low clinical suspicion for COVID-19 or Past medical history of other etiology (e.g., allergies, asthma) | TEST FOR COVID-19 • If new or worsening symptoms, test. | • POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS), SEE ABOVE.  
  • NEGATIVE COVID-19 test:  
    o You may end isolation.  
    o If you have continuing symptoms and your negative result was from a home test, continue to isolate and test again after at least 24 hours.  

  • Lab Confirmed COVID-19 in past 90 days:  
    o Wear a well-fitted mask when around others inside your home and indoors in public for 10 days.  
    o Watch for symptoms.  
    o If you develop symptoms, isolate immediately and test.  
    o Stay home until you know the results.  

Note: If a person with suspected COVID-19 refuses testing, follow guidance for POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS).