

Potential Exposure Notification For K-12 Schools

Name of Potentially Exposed Individual

Name of School

Date of Exposure

You have been identified as having potential exposure to a person with COVID-19 infection at school.

Quarantine following in-school exposure, regardless of vaccination status, is not required.

What does this mean?

You may remain in school unless you develop symptoms or test positive for COVID-19. Being potentially exposed to a person with COVID-19 does not necessarily mean that you will become infected. [Multiple studies](#) have shown that transmission rates within school settings are typically lower than or similar to community transmission levels when multiple layered prevention strategies are in place.

Follow public health recommendations to help prevent the spread of COVID-19 at home and in school.

Public Health Recommendations

- Test at least 5 days after your last contact with the person with COVID-19, even if you do not have symptoms.
 - Use a self-test kit **or**
 - Find test locations:
 - COVID-19 [County Testing Programs](#)
 - [Community-Based Testing Sites for COVID-19](#)
- Monitor for symptoms.
 - If you develop symptoms, immediately isolate and test for COVID-19.
 - If you test positive, you must isolate for at least 5 days. Use CDC's [Quarantine and Isolation Calculator](#) to determine how long to isolate.
 - Contact your healthcare provider right away if you are more likely to get very sick from COVID-19. Effective [treatments](#) are available.
- If you have additional questions visit <https://hawaii-covid19.com/translations/> for guidance available in 21 languages.
- You can reach the Hawai'i State Department of Health at (808) 586-8332 if you have additional questions.