



WHEN TO USE A COVID-19 SELF-TEST KIT

*Please follow the step-by-step product instructions and precautions included with your self-test kit.



IF YOU HAVE HAD COVID-19 IN THE PAST 90 DAYS, YOU DO NOT NEED TO BE TESTED UNLESS YOU HAVE NEW SYMPTOMS.

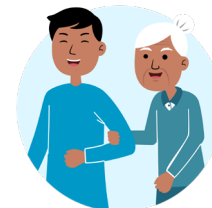


IF YOU HAVE SYMPTOMS OF COVID-19, ISOLATE AWAY FROM OTHERS AND GET TESTED AS SOON AS POSSIBLE, REGARDLESS OF VACCINATION STATUS.



IF YOU HAVE BEEN IN CONTACT WITH SOMEONE WITH COVID-19, TEST AT LEAST 5 FULL DAYS AFTER EXPOSURE.

- ▶ Wear a well-fitted mask for 10 full days when around others inside your home and indoors in public.
- ▶ Watch for symptoms. Test if you develop symptoms and follow [Guidance for Cases and Contacts](#) (scan QR code below).



CONSIDER TESTING BEFORE ATTENDING AN INDOOR EVENT OR GATHERING.

- ▶ Test immediately before the gathering, or as close to the time of the event as possible. Test before spending time with kupuna or those who are at a higher risk for getting very sick.

WHAT TO DO IF YOU TEST POSITIVE FOR COVID-19:



SELF-ISOLATE AWAY FROM OTHERS FOR 5 DAYS.

- ▶ See [Guidance for Cases and Contacts](#) (scan QR code below).



WEAR A WELL-FITTED MASK FOR 10 FULL DAYS WHEN AROUND OTHERS INSIDE YOUR HOME AND INDOORS IN PUBLIC.



MONITOR YOUR SYMPTOMS AND CONTACT YOUR HEALTHCARE PROVIDER IF NECESSARY.

- ▶ For medical emergencies—trouble breathing, chest pain or other emergency symptoms—call 911.



POSITIVE SELF-TEST RESULTS DO NOT NEED TO BE REPORTED TO HAWAII DEPARTMENT OF HEALTH.

WHAT TO DO IF YOU TEST NEGATIVE FOR COVID-19:



THERE IS STILL A CHANCE YOU COULD HAVE COVID-19, ESPECIALLY IF YOU HAVE SYMPTOMS OR HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19.

CONSIDER REPEAT TESTING 24 TO 48 HOURS LATER OR SEEK PCR TESTING. TAKING MORE THAN 1 TEST CAN HELP YOU BE SURE THAT YOU DO NOT HAVE COVID-19.

ADDITIONAL RESOURCES

- Visit [HawaiiCOVID19.com](https://www.hawaiiCOVID19.com) for additional guidance.
- You can reach the Hawai'i State Department of Health at (808) 586-8332 if you have additional questions.

Scan me for Guidance for Cases and Contacts

