



SELF- QUARANTINE FOR CONTACTS OF COVID-19

Contacts of COVID-19 are people that were within 6 feet for 15 minutes or more over a 24 hour period of time of another individual who has COVID-19.

INDIVIDUALS UP TO DATE* ON COVID-19 VACCINATIONS

If you do NOT have symptoms, you do NOT need to quarantine.

You should:

- Wear a mask around others for 10 days.
- Get tested 5 days after your exposure.
- Maintain distance from others in your home.
- Watch for symptoms for 14 days after your last contact.
- If you develop symptoms, **immediately self-isolate and get tested.**



NON VACCINATED INDIVIDUALS

- Stay home for 5 days after your last contact.
 - If you are living with a person with COVID-19, you must stay in quarantine 5 days **after** they are released from isolation.
- Wear a mask around others for 10 days.
- Get tested 5 days after your exposure.
- Maintain distance from others in your home.
- Watch for symptoms for 14 days after your last contact.
- If you develop symptoms, **immediately self-isolate and get tested.**

*For vaccine requirements or booster eligibility visit tinyurl.com/Hiisq

