



COVID-19

HAWAII STATE DEPARTMENT OF HEALTH

COVID-19 INTERIM RETURN TO WORK GUIDANCE

Situation	Testing/Isolation/Quarantine	Outcome
<p>COVID-19-LIKE SYMPTOMS</p> <ul style="list-style-type: none"> • Fever ($\geq 100.4^{\circ}\text{F}$) or chills • Cough • Shortness of breath or difficulty breathing • Fatigue • Muscle or body aches • Headache • New loss of taste or smell • Sore throat • Congestion or runny nose • Nausea, vomiting, or diarrhea 	<ul style="list-style-type: none"> • TEST FOR COVID-19 • Self-isolate pending results of COVID-19 testing • Provider should consider testing for influenza and other common pathogens 	<ul style="list-style-type: none"> • POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS): <ul style="list-style-type: none"> ○ You must isolate if you tested positive for COVID-19 or if you have symptoms and have been unable to test ○ Let your close contacts and employer know that you tested positive. ○ May return to work when all the following conditions are met: <ul style="list-style-type: none"> ▪ It has been at least 5 full days since your symptoms started (or since your test date, if you had no symptoms) ▪ You have had no fever for 24 hours, without taking fever-reducing medications ▪ Your symptoms are improving ○ If you have a fever or are not yet improving, remain in isolation until all of the above are true. ○ Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask. ○ Employers should not require a negative COVID-19 test or clinician's note to return if all the conditions above have been met • NEGATIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS): <ul style="list-style-type: none"> ○ May return to work if symptoms resolving and no fever for 24 hours without use of fever-reducing medications
<p>CLOSE CONTACT WITH A PERSON WITH COVID-19</p> <p>A close contact is defined as being within <u>6 feet</u> of a person with COVID-19 for 15 minutes or more over a 24-hour period (regardless of mask use) or direct contact with secretions from the person with COVID-19</p> <p>See Guidance for COVID-19 Cases and Contacts for definition of "UP TO DATE" on COVID-19 vaccinations.</p> <p>See Home Isolation and Quarantine Guidance for further guidance.</p>	<p>IF YOU ARE NOT <u>UP TO DATE</u> ON ALL COVID-19 VACCINATIONS</p> <p>Must quarantine* for 5 days after date of last exposure</p> <ul style="list-style-type: none"> • If continued exposure, must quarantine for 5 days after person with COVID-19 finishes isolation • If you develop symptoms immediately self-isolate and get tested. <p>*If you have ongoing close contact with a person with COVID-19 (e.g. a parent caring for a child) you must stay home in quarantine for 5 days after the person with COVID-19 is released from isolation.</p> <p>IF YOU ARE <u>UP TO DATE</u> ON ALL COVID-19 VACCINATIONS</p> <ul style="list-style-type: none"> • If no symptoms, no quarantine • Test on day 5 if possible, wear a mask around others for 10 days • If you develop symptoms immediately self-isolate and get tested <p>LAB CONFIRMED COVID-19 IN PAST 90 DAYS:</p> <ul style="list-style-type: none"> • If no symptoms, no quarantine and no test 	<ul style="list-style-type: none"> • POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS), <u>SEE ABOVE</u> • NEGATIVE COVID-19 test: <p>IF YOU ARE NOT <u>UP TO DATE</u> ON ALL COVID-19 VACCINATIONS</p> <ul style="list-style-type: none"> ○ You may end quarantine* after ALL of the following are true: <ul style="list-style-type: none"> ▪ It has been at least 5 full days since the last contact with the person with COVID-19 ▪ You have had no symptoms ▪ If you tested, your test was negative <p>*If you have ongoing close contact with a person with COVID-19 (e.g. a parent caring for a child) you must stay home in quarantine for 5 days after the person with COVID-19 is released from isolation.</p> <p>IF YOU ARE <u>UP TO DATE</u> ON ALL COVID-19 VACCINATIONS</p> <ul style="list-style-type: none"> ○ Watch for symptoms for 10 days after last contact ○ If you develop symptoms, begin isolation immediately and get tested if possible. Continue to stay home until you know the results. Wear a well-fitted mask around others. <p>• LAB CONFIRMED COVID-19 IN PAST 90 DAYS:</p> <ul style="list-style-type: none"> ○ Watch for symptoms for 10 days after last contact ○ If you develop symptoms, begin isolation immediately and get tested if possible. Continue to stay home until you know the results. Wear a well-fitted mask around others.
<p>ILLNESS with low clinical suspicion for COVID-19 or PAST MEDICAL HISTORY OF OTHER ETIOLOGY (e.g., allergy, asthma)</p>	<ul style="list-style-type: none"> • TEST FOR COVID-19 • Provider to use clinical judgement on a case-by-case basis 	<ul style="list-style-type: none"> • POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS), <u>SEE ABOVE</u> • NEGATIVE COVID-19 test <u>or</u> not tested: <ul style="list-style-type: none"> ○ May return to work if symptoms resolving and no fever for 24 hours without the use of fever-reducing medications

Quarantine is 10 days for close contacts living or working in congregate settings, including if there are household members who work in congregate settings (e.g., correctional facilities).
 Note: If a person with suspected COVID-19 refuses testing, follow guidance for POSITIVE COVID-19 test (REGARDLESS OF VACCINATION STATUS) above.