



# COVID-19

HAWAII DEPARTMENT OF HEALTH

## COVID-19 Interim Return to Work/School Guidance

Person with:	Recommendation:	Outcome:
<b>CLOSE CONTACT*</b> <b>WITH A CONFIRMED COVID-19 CASE</b>	<ul style="list-style-type: none"> <li>• <b>Test for COVID-19</b>, whether symptomatic or asymptomatic               <ul style="list-style-type: none"> <li>○ Will not shorten <i>required</i> 14-day quarantine</li> <li>○ If positive, investigation may identify other contacts that possibly have been exposed</li> </ul> </li> <li>• Advise patient they must quarantine for 14 days after date of last exposure (and if continued exposure, 14 days after confirmed case released from isolation)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Positive</b> COVID-19 test: HDOH will work with clinician re: identification of contacts, period of isolation,† etc.</li> <li>• <b>Negative</b> COVID-19 test: Continue 14-day quarantine</li> </ul>
<b>COVID-19-LIKE SYMPTOMS‡</b> , e.g.: <ul style="list-style-type: none"> <li>• Fever (<math>\geq 100.4^{\circ}\text{F}</math>)</li> <li>• Sore throat</li> <li>• New uncontrolled cough that causes difficulty breathing</li> <li>• Diarrhea, vomiting, or abdominal pain</li> <li>• New onset of severe headache</li> <li>• New loss of taste or smell</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Test for COVID-19</b>; advise patient to self-isolate pending results of COVID-19 testing</li> <li>• Consider testing for influenza and other pathogens</li> </ul>	<ul style="list-style-type: none"> <li>• If COVID-19 testing result is               <ul style="list-style-type: none"> <li>○ <b>Positive</b>: HDOH will work with clinician re: identification of contacts, period of isolation,† etc.</li> <li>○ <b>Negative</b>: May return to work/school as long as symptoms resolving and no fever for 24 hours without the use of fever-reducing medications</li> </ul> </li> <li>• If other explicative etiology (and COVID-19 negative), then manage same as if negative for COVID-19</li> </ul>
<b>ILLNESS</b> with low clinical suspicion for COVID-19 or <b>PAST MEDICAL HISTORY OF OTHER ETIOLOGY</b> (e.g. allergy, asthma) in person well-known to clinician	<ul style="list-style-type: none"> <li>• Use clinical judgement on a case-by-case basis</li> </ul>	<ul style="list-style-type: none"> <li>• May return to work/school as long as symptoms resolving and no fever for 24 hours without the use of fever-reducing medications</li> </ul>

\* Someone who was within 6 feet of an infected person over a 24-hour period for a combined total of 15 minutes or more or had direct contact with infected person's secretions (e.g., coughed directly into face of contact) starting from 2 days before illness onset (or, for asymptomatic persons, 2 days prior to test specimen collection); healthcare personnel wearing appropriate personal protective equipment (see <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>) are considered protected.

† <https://health.hawaii.gov/docd/files/2020/07/Med-Adv-Update-14-Coronavirus-Disease-2019-COVID-19-attach-correction.pdf>

‡ <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

If a person whom you suspect has COVID-19 refuses testing, patient should remain isolated until:

- At least 10 days have passed *since symptoms first appeared* **AND**
- At least 24 hours have passed *since last* fever without the use of fever-reducing medications **AND**
- Symptoms have improved (e.g., cough, shortness of breath)

Last updated: November 3, 2020