



# COVID-19

## HAWAII STATE DEPARTMENT OF HEALTH

### WHAT TO DO IF YOU HAVE BEEN TESTED FOR COVID-19

#### TESTED DUE TO SYMPTOMS OF COVID-19 (EITHER FULLY VACCINATED<sup>1</sup> OR UNVACCINATED)

- Stay at home except to seek medical care.
- Stay away from others, especially people who are at high risk for getting very sick from COVID-19.
- If you must be around others, wear a mask.
- If your test is **POSITIVE**, see “Isolation” in Home Isolation and Quarantine Guidance.
- If your test is **NEGATIVE**, stay home until you have no fever for 24 hours without the use of fever-reducing medications **and** no symptoms.

#### TESTED DUE TO CLOSE CONTACT WITH A PERSON WITH COVID-19 INFECTION

- **Fully Vaccinated<sup>1</sup>**
  - If you do **not** have symptoms, you do **not** need to quarantine.
  - Get tested 3–5 days after your last contact with the person with COVID-19, **even if you don’t have symptoms.**
    - If your test is **POSITIVE**, immediately self-isolate and see “Isolation” guidance.
  - Monitor for symptoms for 14 days after your last contact with the person with COVID-19.
    - If you develop COVID-19 symptoms, immediately **isolate** and **get tested**.
- **Not Vaccinated**
  - See “Quarantine” in Home Isolation and Quarantine Guidance.
  - Get tested immediately, **even if you don’t have symptoms.**
  - Must remain at home for 10 days<sup>2</sup> after last contact with the person with COVID-19, **even if you test negative.**
  - Stay away from others, especially people who are at high risk for getting very sick from COVID-19.
  - If you must be around others, wear a mask.
  - If your test is **POSITIVE**, see “Isolation” in Home Isolation and Quarantine Guidance.
  - If your test is **NEGATIVE**:
    - Must continue to quarantine for 10 days.
    - Get tested again 5–7 days after your last contact with the person with COVID-19.
    - Immediately self-isolate and get tested if you develop symptoms.
  - Monitor for symptoms for 14 days after your last contact with the person with COVID-19.
    - If you develop COVID-19 symptoms, immediately **self-isolate** and **get tested**.

#### TESTED DUE TO SCHOOL, WORK, TRAVEL, OR NON-COVID-19 RELATED MEDICAL REQUIREMENT

- You do **not** have to quarantine if you were tested to satisfy a school, work, or travel requirement, or you were referred for COVID-19 testing by a healthcare provider (for example, before surgery or a medical procedure).
- Only applies if you have **NO** symptoms **AND** were **NOT** a close contact of a person with COVID-19.

<sup>1</sup> People are fully vaccinated 2 weeks after their second dose in a 2-dose series, such as Pfizer-BioNTech or Moderna, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine.

<sup>2</sup> Quarantine is 14 days for close contacts living or working in congregate settings, including if there are household members who work in congregate settings (e.g., correctional facilities).