



COVID-19 RECOMMENDATIONS

HAWAII DEPARTMENT OF HEALTH

WHAT TO DO IF A PATIENT TESTS POSITIVE FOR COVID-19

- 1) Complete the Case Report Form (<https://health.hawaii.gov/docd/files/2020/01/Hawaii-PUI-Form-nCoV-2019.pdf>) and fax to HDOH, Disease Outbreak Control Division at (808) 586-4595.
- 2) Inform patient of test results
- 3) To avoid the spread of illness to others, please advise patient of the following (patient handouts: “What To Do If You Have Tested Positive For COVID-19,” “What Contacts of Persons with COVID-19 Should Do,” and “Caring for Someone with COVID-19 at Home” available at: <https://health.hawaii.gov/coronavirusdisease2019/for-clinicians/resources/>)
- 4) Advise patient to:
 - a. Stay at home except to get medical care
 - b. Not use any kind of public transportation, ridesharing, or taxis
 - c. Separate themselves from other people in their home
 - i. Stay in a specific “sick room”
 - ii. Use a separate bathroom
 - iii. If they need to be around other people in or outside of the home, wear a facemask
 - iv. Do not share personal items with other people in their household (e.g., dishes, towels, bedding)
 - v. Clean all surfaces that are touched often (e.g., counters, doorknobs). Use household cleaning sprays or wipes according to the label instructions
 - d. Avoid direct contact with pets
 - e. Get rest and stay hydrated
 - f. Respond immediately when Department of Health staff calls to monitor
 - g. Monitor their symptoms carefully. Notify you immediately if their symptoms get worse
 - h. Call 911 for medical emergencies and notify the dispatch personnel that they have COVID-19
 - i. Cover their coughs and sneezes
 - j. Wash their hands often with soap and water for at least 20 seconds or clean their hands with an alcohol-based hand sanitizer that contains greater than 60% ethanol or 70% isopropanol.

DISCONTINUATION OF HOME ISOLATION FOR PERSONS WITH COVID-19

Persons with COVID-19 who have symptoms may discontinue home isolation under the following conditions:

- At least 10 days have passed *since symptoms first appeared* **AND**
- At least 24 hours have passed *since last fever* without the use of fever-reducing medications **AND**
- Improvement in symptoms (e.g., cough, shortness of breath)

Persons who were **asymptomatic** throughout their infection may be released from isolation when at least 10 days have passed since the date of collection of their first positive viral diagnostic test.