



Child &
Adolescent
Mental
Health
Division



Learn more at:
hicares.hawaii.gov



**HAWAI'I
CARES 988**

Call. Text. Chat.



WHEN SHOULD YOU CONTACT 988?

Sometimes something feels wrong, and you can't explain why. You may feel hopeless, panicked, trapped, empty, or in so much pain, nothing seems to help. Local counselors are available to help 24/7. At Hawai'i CARES 988, we will always answer.

ABOUT

Hawai'i CARES 988 works with a statewide network of providers focused around crisis intervention, substance use disorder treatment, mental health, and other behavioral health services. One call to us connects individuals to the behavioral health services they need.

CONTACT

For more information about Hawai'i CARES 988:

Call/Text/Chat 988

Direct number: 808-832-3100

Toll-free: 1-800-753-6879

Website: hicares.hawaii.gov