



Child &  
Adolescent  
Mental  
Health  
Division



## About Us

The CAMHD is committed to mental health acceptance and the provision of culturally sensitive, child and family-centered mental health services that are free of charge for eligible children and youth who have severe emotional and/or behavioral challenges.

The CAMHD provides services statewide via three branches: the Family Court Liaison Branch, Neighbor Island Services Branch, which includes Family Guidance Centers (FGCs) on Hawai'i Island (East and West Hawai'i), Kaua'i, and Maui, and the O'ahu Services Branch with FGCs in Honolulu, Central (Kāne'ohe and Pearl City), and Leeward (Kapolei).

## Our Mission & Vision

Promoting resilience and well-being in the children and families of Hawai'i by advocating for mental health acceptance and providing quality and accessible mental health services.

All CAMHD goals and objectives serve the ultimate vision of: Thriving Children, Healthy Families, Supportive Communities.

## CAMHD Strategic Plan 2023-2026 Priorities & Goals



### Behavioral Health Equity

Increase and expand accessibility and reduce health disparities for all youth in need of mental health services.



### Data-Driven Decision-Making

Enhance our mental health system by using data and evidence to meet the mental health needs of youth and their families.



### Prevention (1°, 2°, and 3°)

Actively promote primary, secondary, and tertiary mental health prevention. 1° prevention = before disorders; 2° prevention = early stages of disorders; and 3° prevention = after crisis.

### CAMHD Administrative Office Location



**3627 Kīlauea Ave Room 101  
Honolulu, HI 96816**



The Strategic Plan is a dynamic process updated annually to reflect changes over time. There is a growing emphasis on behavioral health equity nationally. According to the U.S. Substance Abuse and Mental Health Services Administration, behavioral health equity is defined as the right of all individuals, regardless of race, age, ethnicity, gender, disability, socioeconomic status, sexual orientation, or geographical location, to access high-quality and affordable healthcare services and support. Behavioral health equity ensures everyone has equal access to mental health services. This strategic plan update summarizes efforts to attain CAMHD's goals.



## Behavioral Health Equity

The CAMHD is committed to working toward achieving behavioral health equity for Hawai'i's youth by:

- Reducing the stigma associated with mental health through the promotion of mental health acceptance.
- Providing care for youth with Serious Emotional Disturbances (SED) near the onset of their condition.
- Building and measuring clients' resilience while receiving treatment.
- Improving access to care and closing treatment gaps.
- Strengthening crisis response.
- Aligning efforts, policies, and programs to be more inclusive of all youth who need mental health services by advocating for state legislation that will positively affect youth mental health.

The 2023 Consumer Survey asked caregivers about their experiences in several areas related to behavioral health equity. It found that 83.7% of caregivers rated Access to Services positively, 79.6% rated Participation in Treatment positively, and 87.8% rated Cultural Sensitivity positively.



## Data-Driven Decision-Making

The CAMHD strives to appropriately meet the needs of youth and their families and enhance our mental health system using measurement-based care by:

- Developing a culture that values data-informed decision-making.
- Increasing the use of research and local evidence to inform decision-making at the client-, administrative-, and system-level.
- Increasing the efficiency and effectiveness of clinical and administrative workflows to improve client outcomes.

In early 2023, the CAMHD implemented a user-informed service and clinical report that provides real-time data on the status and progress of clients. Usage data indicates that CAMHD staff are consistently using this report, and that use of this tool in routine practice is increasing over time.



## Prevention

The CAMHD offers tertiary prevention to clients receiving intensive mental health care by assisting them in developing resilience. Resilience is demonstrated by improved clinical outcomes as measured by the care coordinator, the treatment provider, and the youth and parent. Another measure of prevention is recidivism. Recidivism is when a person relapses into criminal behavior after the person receives sanctions or undergoes intervention for a previous crime. Recidivism has decreased from 43% of youth with 2+ detention home admissions in 2020 to 20% in 2023, according to the CAMHD Family Court Liaison Branch.