

## OVERVIEW

The Child & Adolescent Mental Health Division (CAMHD) provides mental health services free of charge for eligible children and youth who have severe emotional and/or behavioral challenges. Services include assessment, case management, and an array of therapeutic supports provided in the home and community, or temporary out-of-home placements. We make every effort to provide culturally sensitive, child and family centered services, and include the youth and family in all aspects of the service planning and treatment decisions.



The CAMHD is committed to providing services affirming the race, ethnicity, national origin, color, religion, disability, sex, sexual orientation, and gender identity of the youth and families we serve. If you experience any form of discrimination, please contact the CAMHD Central Administrative Office.

## FAMILY GUIDANCE CENTERS

If you think your child might need help, contact a CAMHD Family Guidance Center in your area.

### OAHU

Honolulu (808) 733-9393  
Central-Kaneohe (808) 233-3770  
Central-Pearl City (808) 453-5900  
Leeward (808) 692-7700

### FAMILY COURT LIAISON BRANCH

(808) 266-9922

### HAWAII ISLAND

East Hawaii (Hilo) (808) 933-0610  
West Hawaii (Kona) (808) 491-9226

### KAUAI

(808) 274-3883

### MAUI COUNTY

Maui/Lāna'i (808) 243-1252  
Moloka'i (808) 553-7878

### CENTRAL ADMINISTRATION OFFICE

3627 Kilauea Avenue, Room #101  
Honolulu, HI 96816  
Phone: (808) 733-9333  
Fax: (808) 733-9357  
Toll Free: +1 (800) 294-5282  
TTY Access: (808) 733-9335

For more information on CAMHD, visit: [health.hawaii.gov/camhd](https://health.hawaii.gov/camhd)

Follow us on social media:  
[Facebook](#) and [Instagram](#) @camhdhawaii

June 2024



## Child & Adolescent Mental Health Division

Helping Hawaii families and their keiki.



## Youth Who Need Help

Sometimes youth face stress in life and they have problems coping. Family financial problems, bullying in school, illness in the family, peers who use drugs or alcohol and other issues can add to the pressure of growing up. Youth sometimes also have changes within their brain or body that can lead to emotional difficulties.

Warning signs that your child may need help include:

- Frequent truancy or suspension
- Runs away repeatedly
- Change in eating habits
- Talks about suicide and death
- Neglects appearance
- Uses drugs or alcohol
- Often aggressive, angry or irritable
- Cannot pay attention or sit still
- Frequent nightmares or bed-wetting
- Hurts other children or animals
- Avoids a certain family member or acts strange when that person is around
- Makes unusual sexual gestures
- Gets into physical fights often
- Excessive worry, fearfulness, or hopelessness
- Steals, vandalizes, defies authority
- Has no friends or has problems getting along with other kids

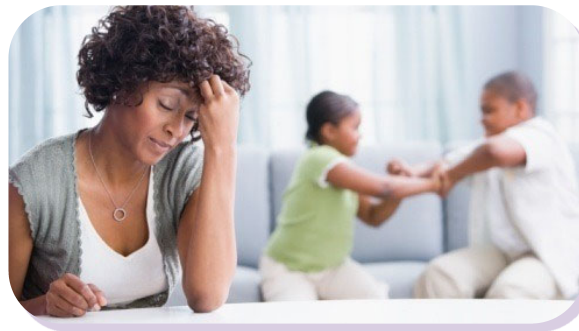


## How CAMHD Can Help

We offer a variety of services for families with children and youth who have serious emotional and/or behavioral challenges. Even if your child is already receiving help, the CAMHD may be able to provide additional supports.

### Family Guidance Centers

Staff at our Family Guidance Centers will work with you to address the needs of your child and family. The Psychiatrist or Psychologist at the Family Guidance Center will meet with you to assess your child's needs and offer treatment options. A Care Coordinator will be your ongoing point of contact. They will build a team of doctors, social workers and other providers to help address your family's needs.



### Help for Parents

Parents sometimes need help understanding the system and services recommended for their child. It can be helpful to talk with another parent who has experienced many of the same challenges and is familiar with the children's mental health system. Each Family Guidance Center has a Parent Partner who is available to listen, answer questions, and share information about valuable community resources. Parent Partners also offer workshops, support groups, and assistance at meetings.

## Service Eligibility

The CAMHD serves children as young as 3, teens, and young adults up to age 20. They can be referred by anyone, but are most often referred by parents, school staff, doctors, or professionals in the juvenile justice system. To receive services, youth need to meet at least one of the following criteria:

- Have an **Individualized Education Plan (IEP)** that identifies the need for mental health services, or
- Have **MedQuest** and meet "Support for Emotional and Behavioral Development" (SEBD) program requirements, or
- Referred by the **Office of Youth Services (OYS)** and meet program requirements.

If your child is not eligible, the Family Guidance Center can provide a list of other resources that may be available.

Depending on your child's needs, the CAMHD services may be provided in:

- Your home and community
- A Transitional Family Home
- A residential program
- A hospital

Whenever possible, the Family Guidance Center staff will try to have services provided in your home and community. If your child is treated in an out-of-home placement, services will be aimed at returning the child to your family home as soon as possible.

