

sign up now

GIRLS CIRCLE

focus: Wellbeing

IN PERSON!

FREE 8-week
group for ages
12-18

new group
beginning
May 9 2024

Thursdays
3:30-5:00 PM
88 Kanoelehua
Av, Suite B-107,
Hilo, Hawaii
96720

group runs
9 May - June 27

(see next page for
more details)



Girls Circle is a structured place where teens can

- talk about experiences ·
- listen to & support one another ·
- develop solid relationships with self & peers ·
- broaden definitions of beauty & womanhood ·
- voice their ideas & opinions in a safe environment ·
- use authentic voices ·

through activities such as expressive art,
mindfulness practices, & reflection

sign up using this link or QR code

<https://tinyurl.com/52pkc2jk>



for more info contact
Lydia Hogan

DOH.CAMHD.groups@doh.hawaii.gov

808-861-2755

This group is a model of One Circle Foundation. One circle Foundation promotes resiliency in children and youth, families, adults, and communitiesBB by offering circle program models that create, restore, and sustain healthy relationships. One Circle Foundation recognizes that healthyBB relationships are the core element to a healthy individual, family, society, and world. www.onecirclefoundation.org