CHILDREN'S MENTAL HEALTH ACCEPTANCE MONTH

#CMHA23

NOTES	MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05	SATURDAY 06
Our TV segments will air on KHON, KHII, NHON, and IKHON (WakeUp2Day & Take2, and Living808) & on PBS Hawai'i (Insights). Please check your TV listings for broadcast times or set your DVRs.		KHON2 News: WakeUp2Day 7:15 AM Haylin Dennison from Spill the Tea Cafe talks about youth mental health, services, local resources, and more!		PBS: Insights 7:30 PM - 8:30 PM Special Guest: Keli Acquaro (CAMHD Acting Administrator) kicks off #CMHA23 Month!		
Please also check out our livestream and podcast segments on the Star-	MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13
Advertiser's Spotlight Hawai'i (Facebook Live) and on the Hawai'i Chamber of Commerce's Voice of Business.	KHON2 News: Living808 9:00 AM Tia Hartsock from the Office of Wellness &	KHON2 News: Living808 9:00 AM Tianna Celis-Webster, Youth Partner from EPIC	KHON2 News: Living808 9:00 AM Kim Allen from the CAMHD talks about	KHON2 News: WakeUp2Day 7:45 AM Dr. Mestisa Gass from the Mental Health of America	KHON2 News: Living808 7:45 AM Parent Partners: Amanda Hawkins (CFS)	
Follow us on social media @camhdhawaii for more information.	Resilience (OWR) kicks off the #CMHA23 Week!	'Ohana talks about #CMHA23: Accept, Advocate, and Act	LGBTQ Mental Health	Hawai'i Chapter talks about all of the wonderful things they are doing during Mental Health Month and how	and Amanda Mundon (EPIC 'Ohana) Star-Advertiser: Spotlight Hawai'i 10:30 AM Special Guest: Tia Hartsock talks about Mental Health Month, childhood trauma, and	
SUNDAY 07 & SUNDAY 14	MONDAY 15	TUESDAY 16	WEDNESDAY 17	you can get involved! KHON2 News: Living808		SATURDAY 20
PBS: Insights (Rebroadcast)	Chamber of Commerce: Voice of Business			9:00 AM Special Guest:		
2:00 PM - 3:00 PM Special Guest: Keli Acquaro (CAMHD Acting Administrator)	Listen Now >> Podcast Guest: Addressing State Challenges Through Collective Healing with Tia Hartsock (OWR Director)			Dr. Scott Shimabukuro (CAMHD Practice Development Officer)	adverse experiences (OWR Director)	
SUNDAY 21	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 18 & THURSDAY 25	FRIDAY 19 & FRIDAY 26	SATURDAY 27
PBS: Insights (Rebroadcast)	KHON2 News: Living808 - MHM					
2:00 PM - 3:00 PM Special Guest: Keli Acquaro (CAMHD Acting Administrator)	9:00 AM John Oliver from the AMHD Maui Branch launches the AANHPI Center of Excellence and their goals on addressing mental health.					
SUNDAY 28	MONDAY 29	TUESDAY 30	WEDNESDAY 31	SOCIAL TAGS		
PBS: Insights (Rebroadcast) 2:00 PM - 3:00 PM Special Guest: Keli Acquaro (CAMHD Acting Administrator)				CAMHD Facebook & Instagra Tag us @camhdhawaii #CMHA23 #CMHAW23 #AcceptAdvocateAct #HelpYourKeiki #KeikiMentalHealthMatters		

Administrator)

#MentalHealthWellness #HealthyWeLiveHawaii