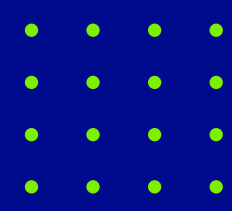
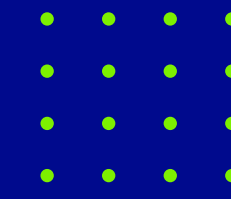


# MAY 2023 CALENDAR OF EVENTS



# CHILDREN'S MENTAL HEALTH ACCEPTANCE MONTH



## #CMHA23

SUNDAY 30	MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05	SATURDAY 06
<p>Week 1 Social Media Challenge Begins!</p> <p>Proclamations &amp; Press Releases</p>	<p><b>BONUS Challenge Begins!</b> (see locations above)</p> <p>May is Mental Health Month Kick-Off Event Day at the Capitol! 9:00 AM - 2:00 PM Resource Fair 3:30 PM- 5:30 PM Sign Waving</p>		<p>10:00 AM - 1:00 PM Mental Health Fair at the Windward Community College (WCC)</p>	<p>11:00 AM - 2:00 PM (* <b>Mental Health Awareness and Awards Celebration</b> (led by the Mental Health of America - Hawai'i)</p>		<p>Week 1 Social Media Challenge Winners!</p>
SUNDAY 07	MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13
<p>Week 2 Social Media Challenge Begins!</p> <p><b>BONUS Challenge Continues!</b> (see locations above)</p>	<p><b>BONUS Challenge Addition:</b> Lihue Civic Center Lights Up Green (this week only )</p>	<p>3:30 PM - 5:30 PM Sign Waving at the Hawai'i State Capitol (led by the U.H. &amp; Help Your Keiki)</p>		<p>7:45 AM - 8:45 AM Sign Waving at the corner of Kaimuki Avenue and Kapiolani Blvd, across from Sekiya's Restaurant (led by the Honolulu O'ahu FGC &amp; Kaimuki HS)</p> <p>8:00 AM - 9:00 AM Sign Waving at the corner of Maui Lani Parkway and Queen Ka'ahumanu Avenue, across from Baldwin High School (led by the Maui FGC)</p> <p>10:00 AM - 12:00 PM Sign Waving at 601 Kamokila Blvd, Kapolei (led by the Leeward O'ahu FGC)</p> <p>11:55 AM - 12:25 PM On campus presentation about Children's Mental Health Education &amp; Awareness at Kaimuki High School (led by the Honolulu O'ahu FGC)</p>		<p>Week 2 Social Media Challenge Winners!</p>
SUNDAY 14	MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY & FRIDAY 18 & 19	SATURDAY 20	
<p>Week 3 Social Media Challenge Begins!</p> <p><b>BONUS Challenge Continues!</b> (see locations above)</p>					<p>Week 3 Social Media Challenge Winners!</p> <p>10:00 AM - 2:00 PM Malama Da Mind at the Prince Kuhio Plaza (Hawai'i Island)</p>	
SUNDAY 21	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY & FRIDAY 25 & 26	SATURDAY 27	
<p>Week 4 Social Media Challenge Begins!</p> <p><b>BONUS Challenge Continues!</b> Addition: IBM Building Lights Up Green (see more locations above )</p>	<p><b>BONUS Challenge Addition:</b> Nalu Lani Plaza Lights Up Green (this week only )</p>				<p>Week 4 Social Media Challenge Winners!</p>	
SUNDAY 28	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 01	FRIDAY 02	SATURDAY 03
<p><b>BONUS Challenge Continues!</b> (see locations above)</p>			<p>Week 5 Social Media <b>BONUS Challenge</b> Winners!</p>			

(\* ) indicates event registration is required - see below for more details.  
REVISED MAY 11, 2023