

'Ohana Support Services

A Program Funded by the Hawai'i State Department of Health, Child and Adolescent Mental Health Division

Is Offering Virtual Nurturing Families
Parent Support Groups via Zoom

Groups are offered to all Parents/Caregivers throughout Hawaii who
are seeking education & support

Introduction to Nurturing Parenting: Nurturing as a Lifestyle

Tuesday, February 7, 2023 10:00 AM - 11:00 AM

Developmental Expectations & Stages + Praise

Tuesday, February 14, 2023 10:00 AM – 11:00 AM

Developing Empathy + Parents & Children's Needs

Tuesday, February 21, 2023 10:00 AM – 11:00 AM

Developing Personal Power + Building Self Worth

Tuesday, February 28, 2023 10:00 AM – 11:00 AM

Discipline with Dignity + Family Rules

Tuesday, March 7, 2023 10:00 AM – 11:00 AM



For More Information & Questions,

Call 'Ohana Support Services at (808) 681-1438

The groups offered are voluntary and intended for support & enrichment purposes. There is no certification and/or credits offered.

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	Group w/Sue 10-11am	8	9	10	11
12	13	Group w/Sue 10-11am	15	16	17	18
19	20 Presidents Day	Group w/Sue 10-11am	22	23	24	25
26	27	Group w/Sue 10-11am	28			

Zoom Information

Tuesday Group with Parent Partner Sue

<https://zoom.us/j/96702382246?pwd=T3gxUkVqUk53TkJYcVE1UDM3ZHJDQT09>

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We're All About Family!

www.childandfamilyservice.org



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