



Child & Adolescent Mental Health Division

Mental Health Service

Phone: (808) 733-9333 | Toll Free: +1 (800) 294-5282

health.hawaii.gov/camhd/

Mental Health Promotion & Prevention Resources



Mental Health America of Hawai'i

Education and Advocacy Organization

O'ahu: (808) 521-1846 | Maui: (808) 242-6461

mentalhealthhawaii.org

Hawai'i Coordinated Access Resource Entry System (CARES)

Hawai'i's 24/7 crisis
and referral line

O'ahu: (808) 832-3100

Toll Free: 1-800-753-6879



HAWAI'I CARES



988 Suicide and Crisis Lifeline

24/7, free and confidential

Call or text 988 or
chat 988lifeline.org

CRISIS TEXT LINE |

Crisis Text Line of Hawai'i

Free 24/7 support at your fingertips

Text ALOHA to 741741

crisistextline.org



Substance Abuse and Mental Health

National Disaster Distress Helpline

24/7 emotional support related to any
natural or human-caused disaster

Call: 1-800-985-5990 or Text: TalkWithUs to 66746

The TREVOR Project

National 24/7 hotline
for LGBTQ Youth

Call: 1-866-488-7386

Text: START TO 678-678

thetrevorproject.org



Kokua Life

Free suicide prevention
app for Hawaii



Child Welfare Services

Child Abuse or Neglect

O'ahu: (808) 832-5300 | Toll Free: 1-888-380-3088

Child Trafficking

O'ahu: (808) 832-1999 | Toll Free: 1-888-398-1188



Domestic Violence Action Center

O'ahu: (808) 531-3771

Toll Free: 1-800-690-6200

Text: (605) 956-5680

domesticviolenceactioncenter.org



Sex Abuse Treatment Center

Kapi'olani Medical Center for Women & Children

24/7 Hotline: (808) 524-7273

satchawaii.org/contact