CELEBRATE NATIONAL CHILDREN'S MENTAL HEALTH ACCEPTANCE WITH US!

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health.hawaii.gov/camhd/cmha22
In December of 2021, the Surgeon General issued an advisory highlighting the urgent need to address our nation’s youth mental health crisis, which has been further exposed by the COVID-19 pandemic.

This advisory sparked a new CMHA campaign message - that it’s time to move beyond awareness and into acceptance - for multiple reasons:

1. To accept that 1 in 5 youth experiences a mental health challenge
2. To accept that mental health challenges must be met with understanding and support
3. To accept that bias and discrimination toward individuals who experience mental health challenges creates a barrier to seeking treatment - and it must be eliminated
4. To accept that our youth are facing serious challenges ahead that need to be addressed
5. To accept that the future wellbeing of our country depends on how we support and invest in the next generation

The State of Hawai‘i DOH, DOE, and CMHA Planning Committee support this new CMHA movement.

For details on how you can take part locally, visit health.hawaii.gov/camhd/cmha22 or nationally, visit ffcmh.org.