Any youth in Hawaii experiencing a mental health crisis can receive services by contacting:

- **Hawai‘i CARES** (Coordinated Access Resource Entry System)
  - Oahu: (808) 832-3100
  - Neighbor Islands: +1 (800) 753-6879 (toll free)
- **Crisis Text Line of Hawaii** by texting ALOHA to 741741.

### Who is eligible to receive services from CAMHD?

- A youth who is:
  - 3-20 years old
  - Has significant impairment in functioning – at home, at school or in the community
  - Has MedQuest/Medicaid insurance
  - Qualifies for a mental health diagnosis (not only a substance abuse or developmental disability)

- Youth who qualify for Special Education due to emotional or behavioral needs (if referred by the Department of Education).

### What services does CAMHD provide?

- CAMHD Care Coordinators provide intensive case management services as part of a clinical team with CAMHD psychologists and psychiatrists.
- CAMHD contracts with private providers and cases are co-managed between the treatment provider and the CAMHD psychologist or psychiatrist.
- A wide array of home and community-based mental health treatment services are offered, based on the youth’s specific needs:
  - Transitional Family Home Programs
  - Crisis Services
  - Intensive Home-Based Therapy
  - Independent Living Skills
  - Residential Programs
  - Hospital-Based Services

- CAMHD promotes the use of therapeutic approaches that have been shown to be effective through research in all levels of care. Two specific evidence-based programs are available:
  - Multisystemic Therapy (MST)
  - Functional Family Therapy (FFT)

### How can I refer a youth for CAMHD services?

- A parent or legal guardian can contact their local Family Guidance Center.
- If the child receives special education services, the parent or legal guardian should contact the school and discuss a referral to CAMHD.
- If the youth has a Probation Officer, the parent or legal guardian should discuss a CAMHD referral with the Probation Officer.

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**FOR MORE INFORMATION:** [https://health.hawaii.gov/camhd/](https://health.hawaii.gov/camhd/)

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**OAHU**
- Honolulu (808) 733-9393
- Central-Kaneohe (808) 233-3770
- Central-Pearl City (808) 453-5900
- Leeward (808) 692-7700

**MAUI COUNTY**
- Wailuku (808) 243-1252
- Lahaina (808) 662-4045
- Lanai (808) 264-5423
- Molokai (808) 553-7878

**HAWAII ISLAND**
- Hilo (808) 933-0610
- Kona & Waimea (808) 887-8100

**KAUAI**
- (808) 274-3883