Sexual Orientation, Gender Identity and Expression (SOGIE) Resources

For Lesbian, Gay, Bisexual Youth and Families

Website:
- Parents, Families and Friends of Lesbians and Gays (PFLAG) https://pflag.org
- The Trevor Project: https://www.thetrevorproject.org/?gclid=CjwKCAiA2O39BRBjEiwApB2lkngQcYM1uh6_B7-MiUk996RiG4G3KsyHQOMxTjHyIt8XC40NxHp90YBoCE48QAvD_BwE

Film:
- Lead with Love http://www.leadwithlovefilm.com
- Seventh Gay Adventists https://www.sgamovie.com

Book:
- This Is a Book for Parents of Gay Kids: A Question & Answer Guide to Everyday Life
- On-Line Chat space for LGBTQ+ teens https://www.qchatspace.org/
For Gender Expansive, Non-Binary and Transgender Youth and Families

Websites:
- Gender Spectrum  [https://www.genderspectrum.org](https://www.genderspectrum.org)
The go-to place for all things gender related
- Trans* kids project [http://transkids.info/](http://transkids.info/)
- Dr. Laura S. Anderson On-Line Courses designed to support parents and caregivers on their own journey as they learn about SOGIE (Sexual Orientation, Gender Identity and Expression) [https://drlsanderson.thinkific.com](https://drlsanderson.thinkific.com)
- On-Line Chat space for LGBTQ+ teens [https://www.qchatspace.org/](https://www.qchatspace.org/)
- Transgender Law Center [https://transgenderlawcenter.org](https://transgenderlawcenter.org)
- Dr. Laura Anderson and Common Chord Psychology Services Facebook Page. [https://www.facebook.com/drlsanderson/](https://www.facebook.com/drlsanderson/)

Film:

Books for Counselors and Parents:
- The Gender Creative Child. [https://www.amazon.com/Gender-Creative-Child-Nurturing-Supporting/dp/1615193065/ref=sr_1_1?dchild=1&keywords=the+gender+creative+child&qid=1606204127&s=books&sr=8-1](https://www.amazon.com/Gender-Creative-Child-Nurturing-Supporting/dp/1615193065/ref=sr_1_1?dchild=1&keywords=the+gender+creative+child&qid=1606204127&s=books&sr=8-1)

Compiled by, Laura S. Anderson, PsyD 11/20
- Becoming Nicole: The inspiring story of transgender actor-activist Nicole Maines and her extraordinary family  

- I am Jazz  

- Transforming: The Bible and the Lives of Transgender Christians  

- What Does God Think? Transgender People and the Bible  
  https://www.amazon.com/product-reviews/0995180741/ref=acr_search_see_all?ie=UTF8&showViewpoints=1

Books for younger kids to read:

- Transgender Friendly Young Children's Books  
  https://www.goodreads.com/list/show/20314.Transgender_Friendly_Young_Children_s_Books_

- The Gender Identity Workbook for Kids, Kelly Storck

Books for teens to read:


- The Gender Quest Workbook: A Guide for Teens & Young Adults Exploring Gender Identity by Rylan Testa

Compiled by, Laura S. Anderson, PsyD 11/20
Resources for Schools Supporting Gender Expansive and LGBTQ+ Students

- Gender Spectrum: https://www.genderspectrum.org
- Fabulous information with concrete gender support plans
  https://genderspectrum.org/articles/using-the-gsp
- Welcoming Schools: http://www.welcomingschools.org

Local Hawaii Resources

Counselors/Psychologists Who Specialize in LGBTQ+ Support

- Dr. Laura S. Anderson  contact@drlauraanderson.com
  www.drlauraanderson.com
- Dr. Briana Rivera riverabc123@hotmail.com
- Dr. Janet Brito  https://sextherapyhawaii.com/
- Trey Fenton  treyhallidayfenton@gmail.com
- The Lavender Clinic  https://lavendercenterandclinic.org/  (group counseling)
- YO- Waikiki Youth Outreach; Natalie Mark Waikiki Health Center
- Hawaii Health and Harm Reduction Center  http://www.hhhrc.org/

❖ Check with your local YWCA for LGBTQ+ support services
❖ Check with individual schools to learn if there are Gay Straight Student Alliances and explicit anti-bullying policies

Film:
- Kumu Hina and a Place In The Middle
  https://www.pbs.org/independentlens/films/kumu-hina/

Website for Local Events and Resources:
- https://hawaiilgbtlegacyfoundation.com/resources/

Compiled by, Laura S. Anderson, PsyD 11/20
Local Affirming Churches
**Compiled by The Legacy Foundation - Hawaii LGBT Legacy Foundation

- Central Union Church of Honolulu
- Church of the Crossroads
- Emmanuel Episcopal Church
- First Unitarian Church of Honolulu
- Honolulu Friends Meeting (Quakers)
- Lutheran Church of Honolulu
- The Interfaith Alliance Hawaii
- GayChurch.org Affirming Church Directory
- Human Rights Campaign “Explore: Religion & Faith”

Contact Information

Website: www.drlauraanderson.com
Number: +18086391404
Email: contact@drlauraanderson.com
Subscribe to our Parent Newsletter | Subscribe to our Practitioner List

Compiled by, Laura S. Anderson, PsyD 11/20