

Guiding Document for “ABCs of LGBTQ” Post-Viewing Discussion



Each Q&A session should be 30-60 minutes. It is best if groups can be kept to 6-8 people per discussion group. If the group is 10 people or more, it is recommended to have more than 1 facilitator and breakout rooms for discussion. Facilitators should have comfort and competence in discussing LGBTQ and addressing questions and attitudes/beliefs.

*Lead with this question; audience response to this question may lead facilitator(s) to allow discussion to develop organically or to identify/eliminate other questions to follow. Depending on the size of the discussion group, age and role of the participants, certain questions may be more applicable than others. If session length allows, it is recommended that facilitator(s) choose 2-3 questions from the “Overall Impressions” category, and 2-3 questions from the “Knowledge Check” category to guide the discussion.

Overall Impressions

*What are your thoughts and feelings about the video?

What did you think of Carlos’ development throughout the video? Discuss his perceptions based on what he was taught. What were you taught about SOGIE growing up?

What did you think of the adults in the video?

What are your thoughts about abuse leading to being LGBTQ, as Bex’s mom believed? Bex’s mom told her that she is a sinner and going to hell for being a lesbian. What do your religious beliefs, say about LGBTQ, if anything?

What did you think of Dylan’s reaction after Carlos hit him? What did you think about Frank’s comment that it may take time for people Carlos has bullied to trust him?

If you were Bex/Carlos/Alika’s Care Coordinator or therapist, what would you do? What resources might they or their families need?

Do you feel it is important for the kids to have a safe space (e.g. GSA, Alternative Prom)? Why or why not?

Did any of the statistics shown in the video surprise you (e.g. bullying, suicidality, adult they can talk to)? Why or why not?

Knowledge Check

Which characters identified as transgender/cisgender/non-conforming (non-binary)?

Which character identified as an “L”?

What is the age of consent for mental health in Hawaii?

What is the support group for parents?

Can you identify a supportive ally in the video? How did they show that they were a supportive ally?

What is the name of the club at school for LGBTQ+ youth?

Can you name a LGBTQ supportive church/faith community in your area?

What did the statistics show about LGBTQ (e.g. bullying, suicidality, adult they can talk to, skipping school due to safety concerns)?