Any youth in Hawaii experiencing a mental health crisis can receive services by contacting:

- Hawai'i CARES (Coordinated Access Resource Entry System)
  - Oahu: 832-3100
  - Neighbor Islands: 1-800-753-6879 (toll free)
- Crisis Text Line of Hawaii by texting ALOHA to 741741.

Who is eligible to receive services from CAMHD?

- A youth who is:
  - 3-20 years old
  - Has significant impairment in functioning – at home, at school or in the community
  - Has MedQuest/Medicaid insurance
  - Qualifies for a mental health diagnosis (not only a substance abuse or developmental disability)
  - Youth who qualify for Special Education due to emotional or behavioral needs (if referred by the Department of Education).

What services does CAMHD provide?

- CAMHD Care Coordinators provide intensive case management services as part of a clinical team with CAMHD psychologists and psychiatrists.
- CAMHD contracts with private providers and cases are co-managed between the treatment provider and the CAMHD psychologist or psychiatrist.
- A wide array of home and community-based mental health treatment services are offered, based on the youth’s specific needs:
  - Transitional Family Home Programs
  - Crisis Services
  - Intensive Home-Based Therapy
  - Residential Programs
  - Independent Living Skills
  - Hospital-Based Services
- CAMHD promotes the use of therapeutic approaches that have been shown to be effective through research in all levels of care. Two specific evidence-based programs are available:
  - Multisystemic Therapy (MST)
  - Functional Family Therapy (FFT)

How can I refer a youth for CAMHD services?

- A parent or legal guardian can contact their local Family Guidance Center.
- If the child receives special education services, the parent or legal guardian should contact the school and discuss a referral to CAMHD.
- If the youth has a Probation Officer, the parent or legal guardian should discuss a CAMHD referral with the Probation Officer.

FOR MORE INFORMATION: https://health.hawaii.gov/camhd/