

Hawai'i Mental Health

Pro Bono COVID-19 Project

No-cost mental health services for those without health insurance as a result of the COVID-19 pandemic.

While our state faces unprecedented times during the COVID-19 pandemic, the Hawai'i Mental Health Pro Bono COVID-19 Project realizes that the mental health and well-being of Hawaii's residents is of utmost importance.

To help individuals seeking psychological support during this time, mental health experts, including psychologists, marriage and family therapists, clinical social workers, and mental health counselors, are offering ***free telehealth services to those without health insurance.***

Please click [HERE](#) to submit a request for services.

Our online services are available on a first-come, first-served basis, and we ask for your patience as mental health services are in high demand. To register, please complete the request form and you will be notified when a mental health care provider becomes available.

Our services are not suitable for extremely urgent circumstances as we will not be able to connect you with an available provider immediately. If you are experiencing severe distress or an emergency, please dial 911 or visit the nearest emergency room. Examples of severe distress or an emergency include: If you are suicidal, being abused, feel like hurting someone else, need immediate attention, or are experiencing a medical crisis.

If you have lost your insurance coverage due to job loss, you may be eligible for Quest. We strongly encourage you to contact the State's Med-Quest Division - <https://medquest.hawaii.gov/> for more information.

While the Hawai'i Mental Health Pro Bono COVID-19 project will use its best efforts to ensure the confidentiality of personal information, it is not subject to HIPAA nor is it responsible for the compliance of any individual clinicians participating in the project with regard to HIPAA and any other relevant federal and state laws relating to personal health information.