



2023 ROSTER of Certified Hawaii-Based Facilitators

Aloha!

Wellness Recovery Action Plan (WRAP) is a personalized best practice tool taught in an in-person group setting by a team of co-facilitators. Any individual interested in learning how to improve their resiliency and overall effectiveness to proactively address stressors, trauma, and self-care, while also creating an understanding and empathy for others.

The Copeland Center defines WRAP as, “a personalized wellness and recovery system born out of and rooted in the principle of self-determination. WRAP is a wellness and recovery approach to help individuals to: 1) decrease and prevent intrusive or troubling feelings and behaviors; 2) increase personal empowerment; 3) improve quality of life; and 4) achieve life goals and dreams. Living with a WRAP means individuals can monitor their uncomfortable and distressing feelings and behaviors and, through planned responses, can reduce, modify, or eliminate those feelings. A WRAP also includes plans for responses from others when individuals cannot make decisions, take care of themselves, or keep themselves safe.”

Are you interested in attending a WRAP Group? Are you interested in scheduling a WRAP group for yourself or for a group of colleagues at your workplace, club, or other group gathering?

To join a Hawaii WRAP group, please contact one of the following individuals. Groups are co-facilitated and are scheduled statewide, in-person, and at various locations and times across the state. Currently, there are no fees to attend WRAP groups. Upon completion, participants earn a certificate of completion and will have a developed a personalized WRAP.

	Name	Title	Email	Home Island
1	Amy Naylor	Service Coordinator	amy.naylor@doh.hawaii.gov	Oahu
2	Belinda Danielson	Community Programs Supervisor	belinda.danielson@doh.hawaii.gov	Oahu
3	Benjamin Griffin	Mental Health Specialist	benlmhc@gmail.com	Maui
4	Christine Park	Oahu Service Area Board on Mental Health/Substance Abuse	cpark@wcsa.k12.hi.us	Oahu
5	Cynthia Kaneshiro	Hawaii Certified Peer Specialist	ckaleo@yahoo.com	Kauai
6	Deza-rae Desa	Epic 'Ohana Youth Partner Lead	ddesa@epicohana.org	Oahu
7	Heather Rosehill	Clubhouse Specialist	heather.rosehill@doh.hawaii.gov	Hawaii Island
8	Jake McPherson	AMHD Consumer Affairs Chief & Hawaii Certified Peer Specialist	jacob.mcpherson@doh.hawaii.gov	Oahu
9	John Betlach	Hawaii Island Service Area Board on Mental Health/Substance Abuse	betlachj@hotmail.com	Hawaii Island
10	Joseph Childs, Jr	Human Service Professional	joseph.childs@doh.hawaii.gov	Molokai
11	Lisa Abe	Hawaii Certified Peer Specialist	lisa.abe@doh.hawaii.gov	Oahu
12	Matthew Murray	Social Worker IV	matthew.murray@doh.hawaii.gov	Kauai
13	Mattlie Davis	Hawaii Certified Peer Specialist	mattlie.davis@doh.hawaii.gov	Oahu
14	Mike Peacock	Exec Dir, Hawaii Vet 2 Vet, Inc. & Hawaii Certified Peer Specialist	mikepeacock@hawaiiivet2vet.com	Oahu
15	Tianna Celis-Webster	Epic 'Ohana Youth Partner	tcelis-webster@epicohana.org	Hawaii Island

If you have questions about Hawaii WRAP groups, please contact DOH.AMHDAdmin@doh.hawaii.gov for assistance. Mahalo!