

Hawaii Department of Health  
Adult Mental Health Division (AMHD)  
**Request for Information (RFI) Response Summary**  
**RFI No. AMHD 420-4-15**  
**Intensive Outpatient Hospital Services**  
Statewide

A Request for Information for Intensive Outpatient Hospital (IOH) services for individuals with severe and persistent mental illness (SPMI) was issued on August 26, 2014. Written feedback was received from two respondents. Below is a summary of the response received through this process as they relate to the questions from the RFI.

Respondents were asked to provide a description of how IOH services shall help satisfy the treatment needs of persons with SPMI. One response was received that stated the Substance Abuse and Mental Health Services Administration recognized the Comprehensive Continuous Integrated System of Care (CCISC) model for treatment of individuals with co-occurring psychiatric and substance disorders (ICOPSD). An important aspect of the CCISC implementation was the incorporation of evidence-based practices (EBP) and clinical consensus based best practices for the treatment of all types of ICOPSD throughout the service system. This encouraged a system that is extensive in range of best practices for mental health and substance disorders as it can, organizing them so that any best practice for either type of disorder is provided in a dual diagnosis capable fashion. The respondent described the type of EBP that it provides for their organization. The other respondent did not have any comments.

One respondent provided an annual budget of approximately \$538,000.00 for the proposed service. The other respondent did not have any comments.

One respondent is currently providing IOH services to adults in the State of Hawaii. The other respondent does not currently provide IOH services, but would be interested in submitting an application for IOH services on the island of Oahu, if a RFP was issued for this service.

Respondents were asked if they have experience and/or expertise in providing IOH services in accordance with Hawaii's Medicaid Rehabilitation Option (MRO) governing IOH services. One respondent stated that they had experience providing MRO IOH services in the State of Hawaii. The other respondent stated that they had experience providing MRO Specialized Residential and Day Treatment services, but not IOH.

The AMHD is continuing to move toward utilization of more evidence-based practices. Respondents were asked to describe how their programming would offer an IOH program which would follow the three cited specialty tracks geared for individuals with SPMI. One respondent stated that their program would consist of integrated programming that addressed the needs of the SPMI population including medical management, psychiatric

symptom management, life skills development, substance use disorder treatment, and the development of a comprehensive wellness recovery action plan. The system for incorporating specific tracks into the general program would be through assessment, service planning, team treatment, and psychiatric review. One respondent did not have any comments.

Program participants may often experience co-morbidity which will make multiple tracks appropriate. Respondents were asked how one (1) consumer may be able to take advantage of more than one (1) track. One respondent stated that since there would be different tracks and groups, a consumer may be easily scheduled to participate in multiple and different tracks because they are set-up at different days and/or times in the week. Because consumers may have multiple disorders or issues of which there is no single best practice intervention, the curriculum would provide multiple approaches to meet a combination of needs. One respondent did not have any comments.

Respondents were asked to identify challenges with the creation of an IOH that was described by the AMHD. One respondent described workforce development as being a challenge because rates do not always cover the costs for licensed clinical staff that are needed to provide quality care and/or close supervision and monitoring. One respondent did not have any comments.

AMHD appreciates the participation in submitting a response regarding the RFI for IOH services. An RFP is planned to be issued for this program.