

Get on Board with Dental Care Activity & Coloring Book



Designed and Illustrated by Whitney Rowe & Lei U'i Kaholokula

This booklet was created through a project directed by the Kauai District Health Office, Family Health Services section as a tool to improve the oral health of Kauai keiki's. The completed project was presented to community stake holders for recommendations. It was then presented to KDHTF for promotion.

THE KAUAI DENTAL HEALTH TASK FORCE (KDHTF)

The mission of KDHTF is to improve the oral health of residents of Kauai, especially infants and children.

Agencies on the KDHTF

Kauai District Health Office- Family Health Services
Na Lei Wili AHEC
Good Beginnings Alliance
Hoola Lahui Hawaii
PATCH Kauai
Kauai Headstart- Child and Family Services
Great Smiles Dental
Community Case Management Corporation
CYRCA

Kauai District Health Office
Maternal Child Health
3040 Umi Street
Lihue, Hawaii 96766

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For any other purposes, request permission from the
Kauai District Health Office – Family Health Services.

This booklet is supported in part by a grant from Hawaii Dental Service Foundation.

About the Authors



Left: Whitney Rowe Right: Lei U'i Kaholokula

WHITNEY ROWE

Whitney is a K.I.D.S. Preschool and Kapaa High Alumni. She currently resides in Wailua Homesteads. This year she will be attending Western Washington University as a sophomore. There, she hopes to earn a masters degree in Elementary Education. Eventually, she want to be a teacher back on Kauai.

LEI U'I KAHOLOKULA

Lei U'i is a 2009 graduate of Kapa'a High School. Lei U'i currently studies at Chaminade University of Honolulu working toward a major in Broadcast media and a minor in Hawaiian arts.

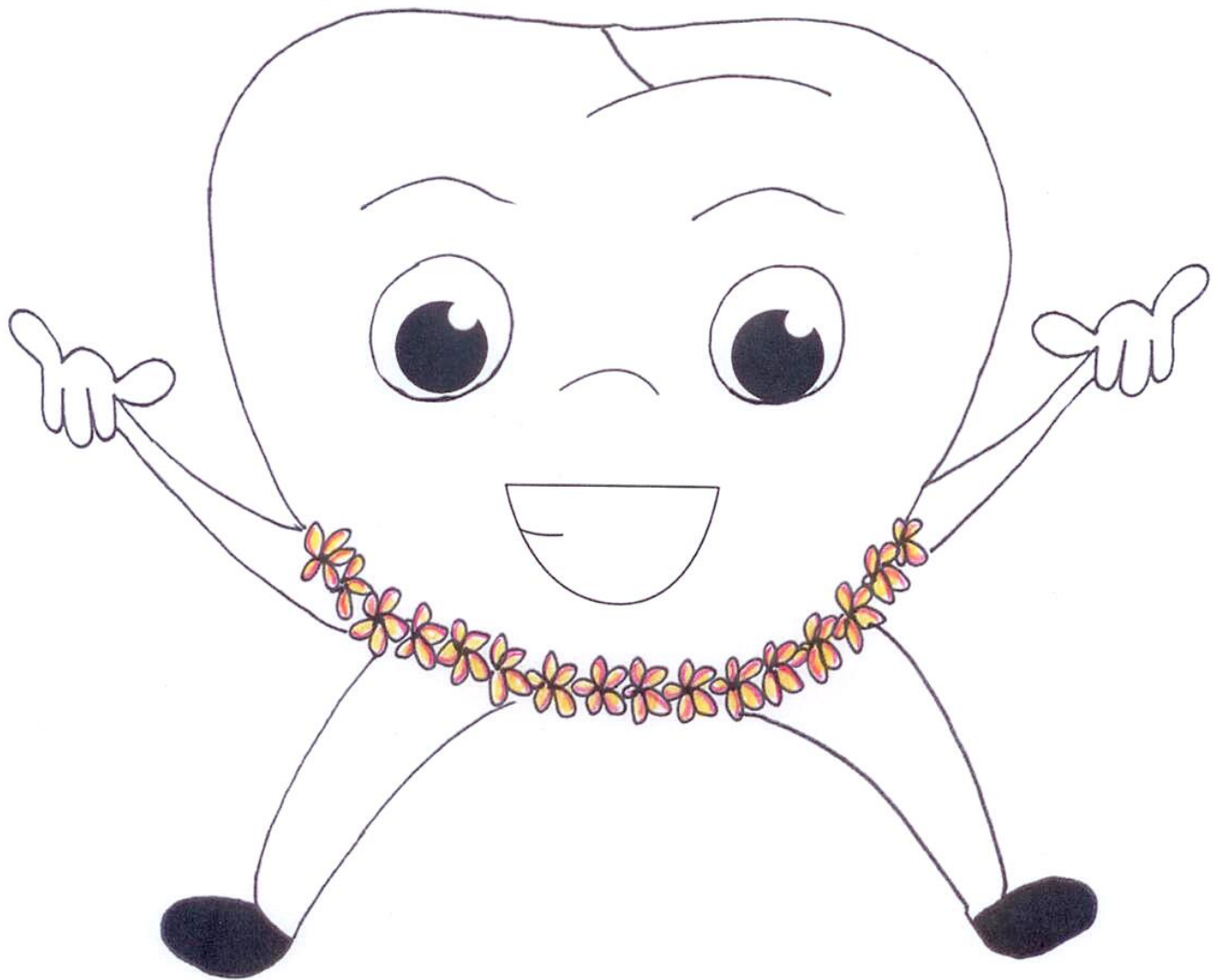
Mahalo to the Work Wise program and the Department of Health for each and every opportunity. Special thanks to our supervisor Cash Lopez for being so supportive and generous.

meet

the

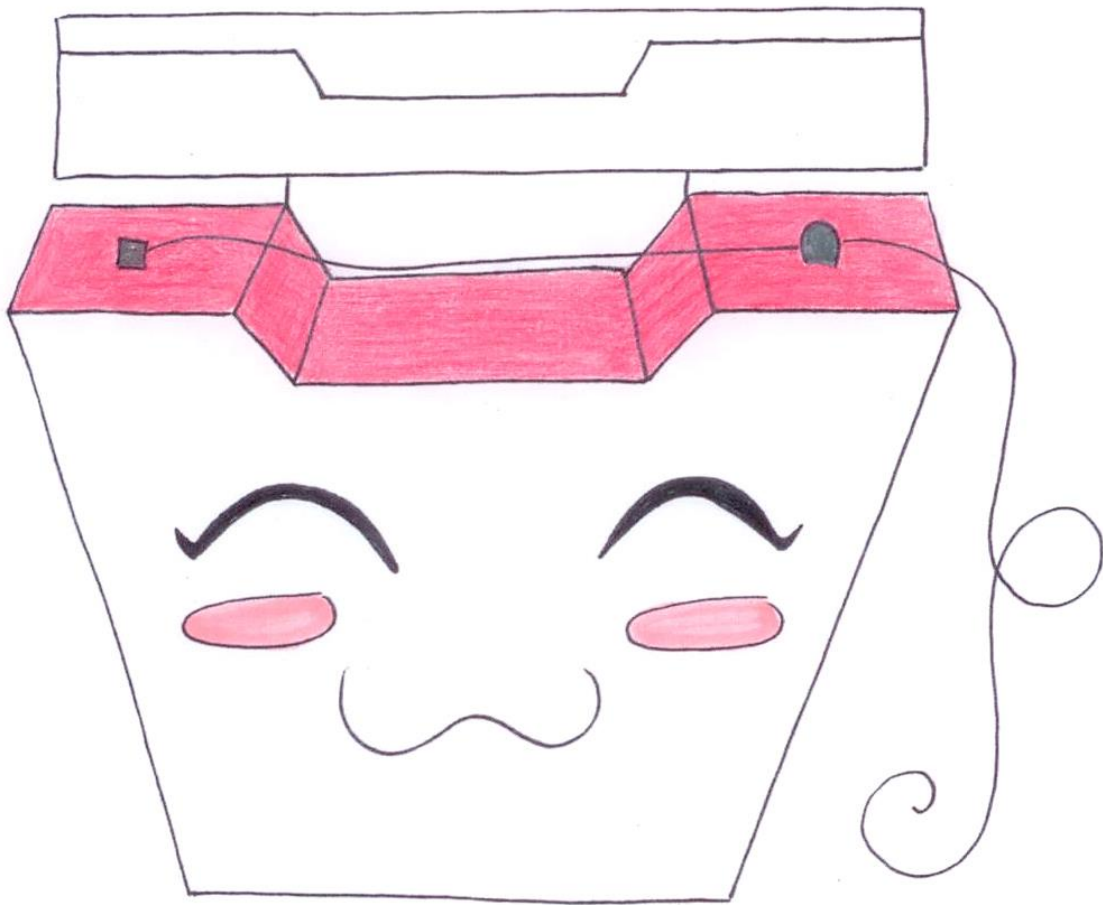
gang

Mr. Niho



The brave and healthy tooth

Lopi - Floss



The sleepy yet reliable friend

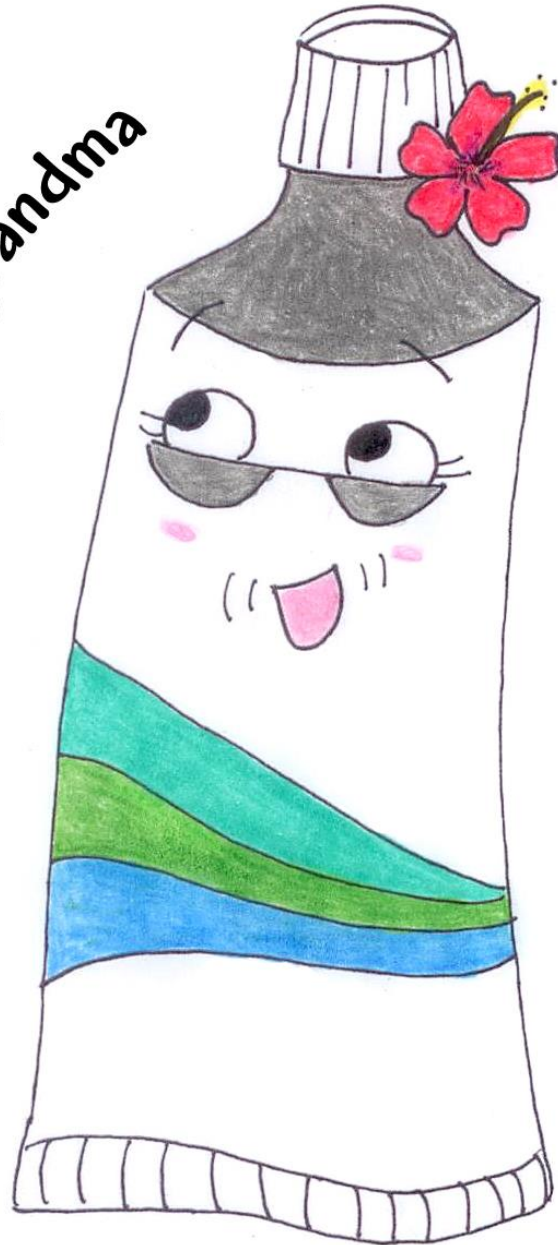
Tita Toothbrush



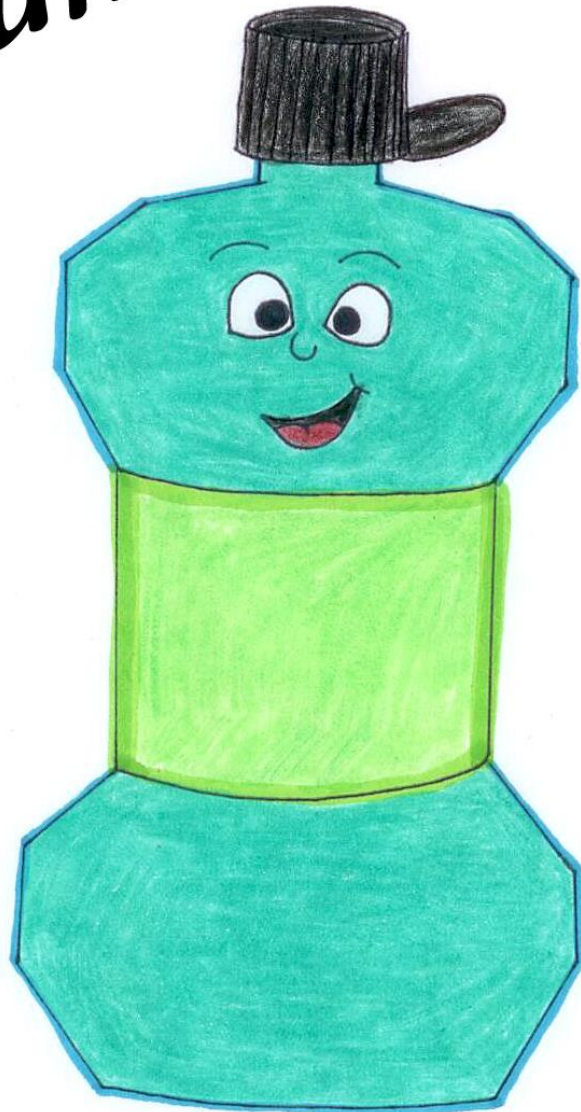
The silly and giggly
toothbrush that loves
adventure

Tutu-thpaste

*The loving and caring grandma
toothpaste*



Mana Mouthwash



The easily startled minty
mouthwash

Sugar Bug

A pesky little bacteria that works with the
Tooth-Acher and **LOVES** sugar!

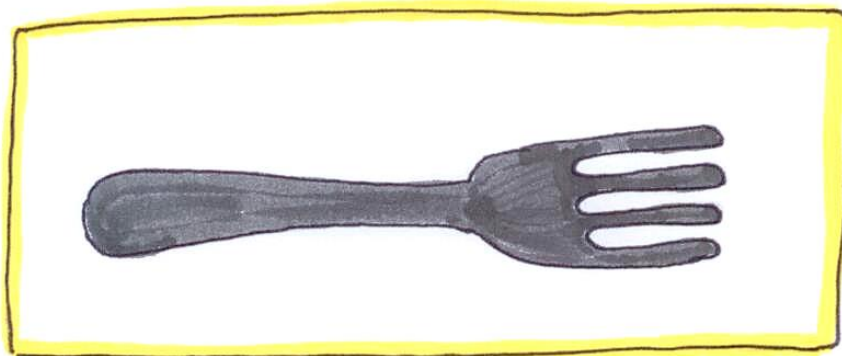
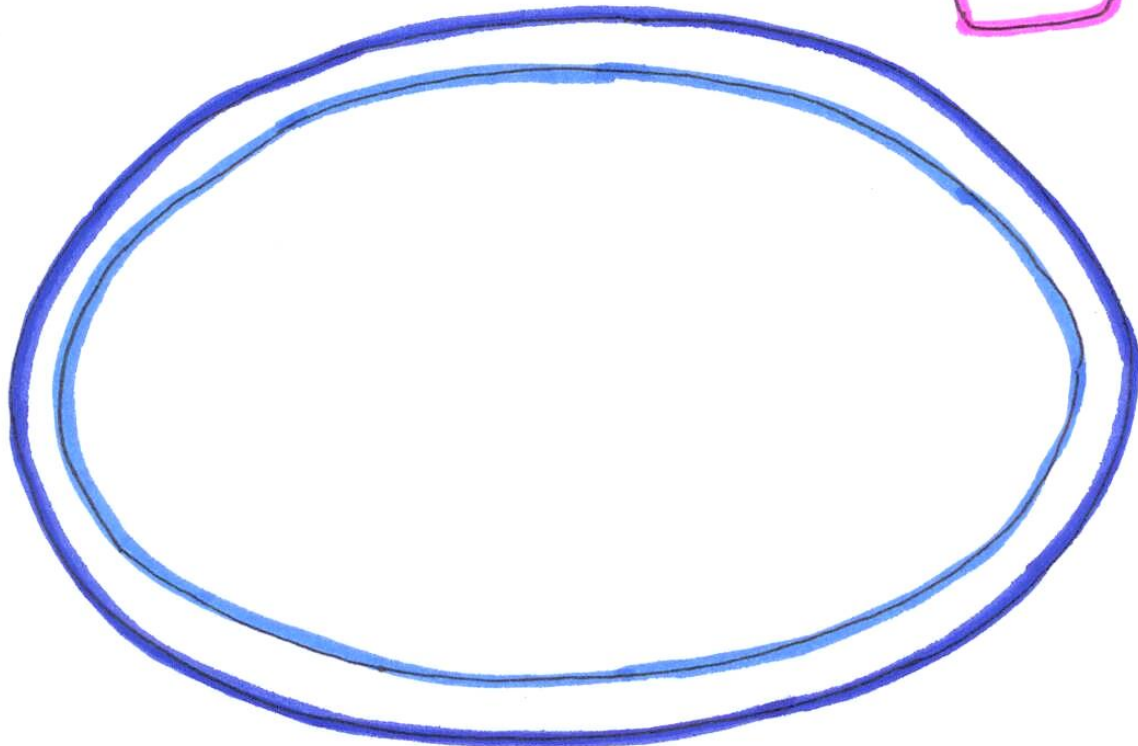
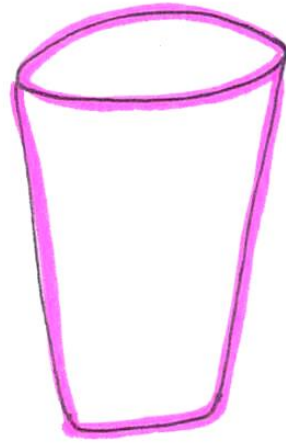


The Tooth-Acher

A slimy and evil plaque monster

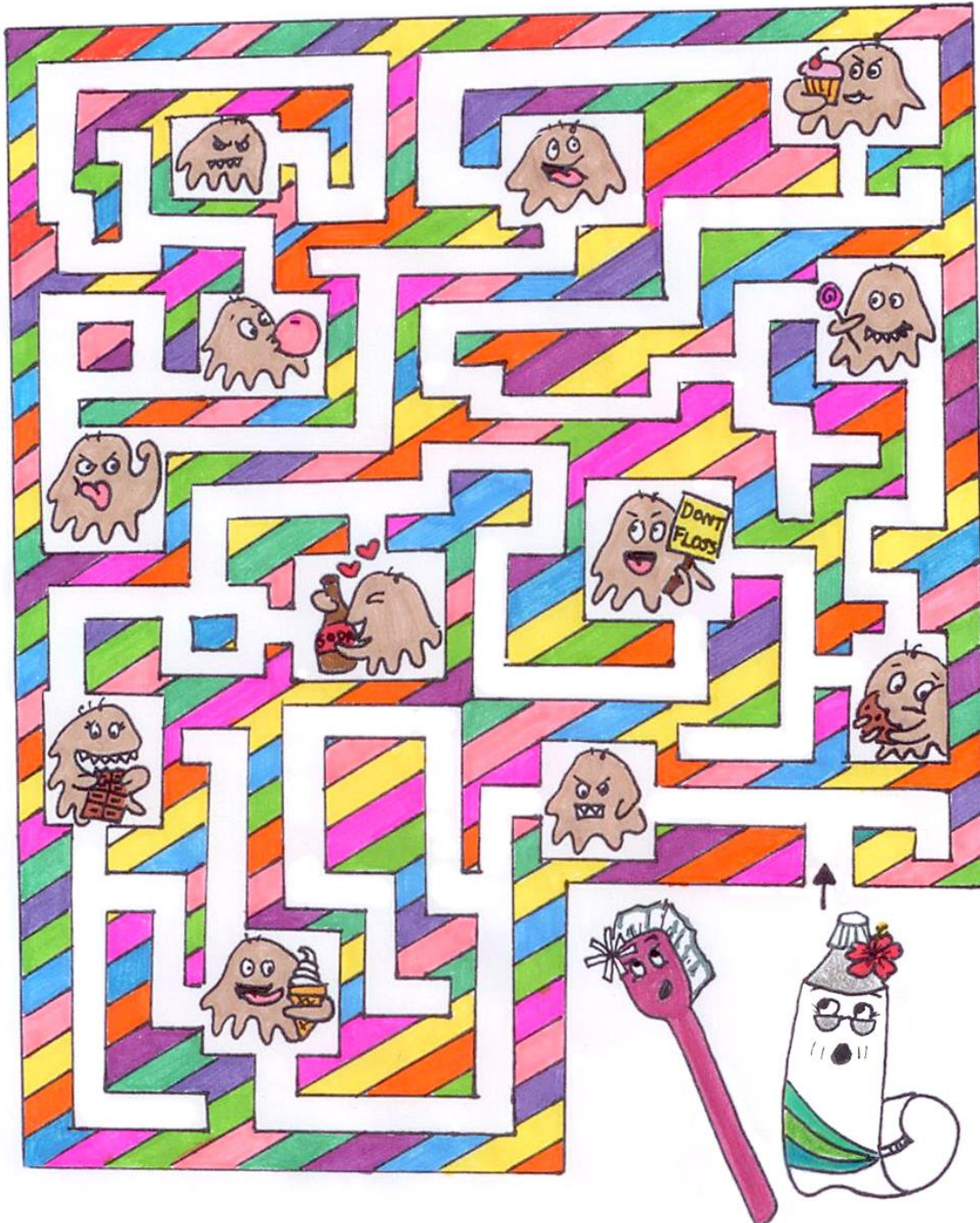
What's for Lunch?

Draw your favorite meal that is healthy for your teeth.



Sugar Rush!

Help Tutu-thpaste and Tita Toothbrush get rid of all the sugar bugs!



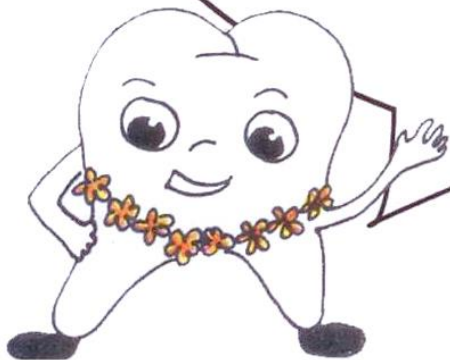
Tooth-Acher Twins!

Draw a line to connect the 2 plaque monsters that look alike.

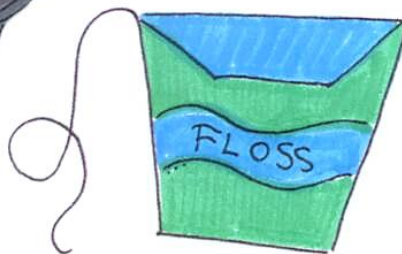
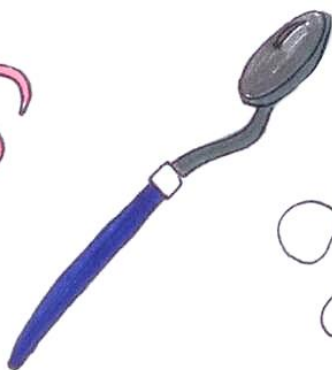
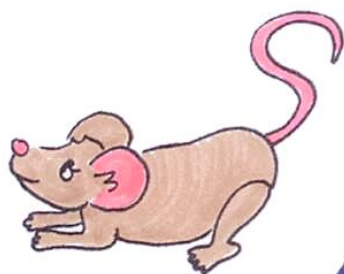


Mr. Niho has a message for you!
Color in all the circled letters black
and see what is left.

RWOTPTENK
STERETH,
HBARID TABO
JEGAYT!



Draw a line from each object to where it belongs.



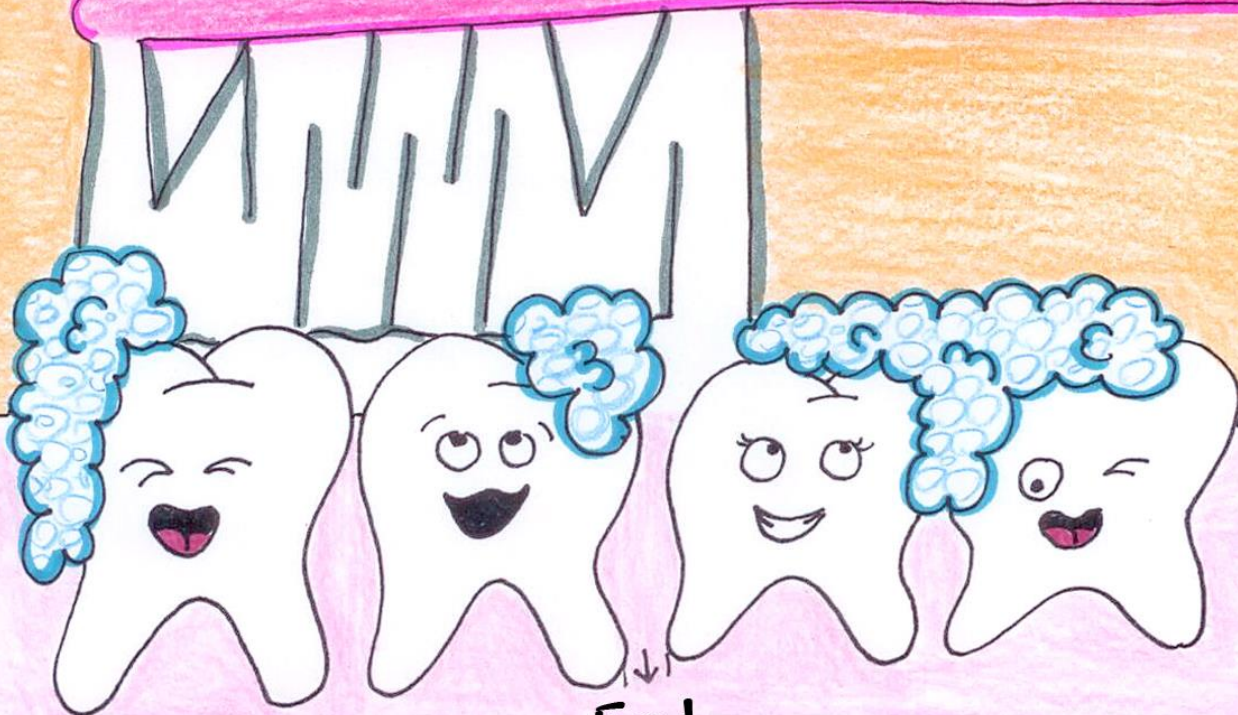


Can you find 6 teeth hidden with Mr. Peacock?

Follow the maze

Start

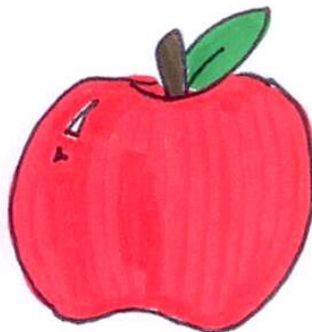
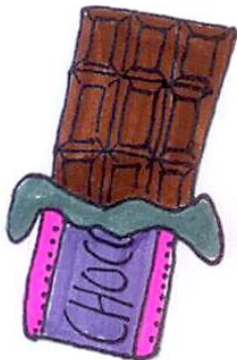
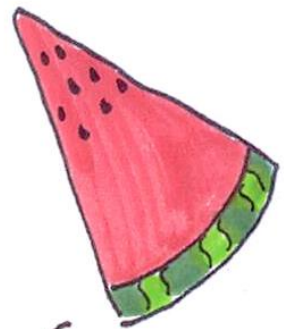
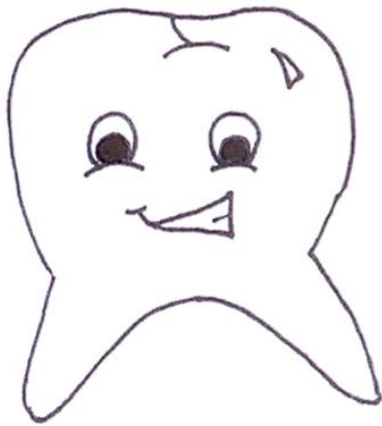
BRUSH



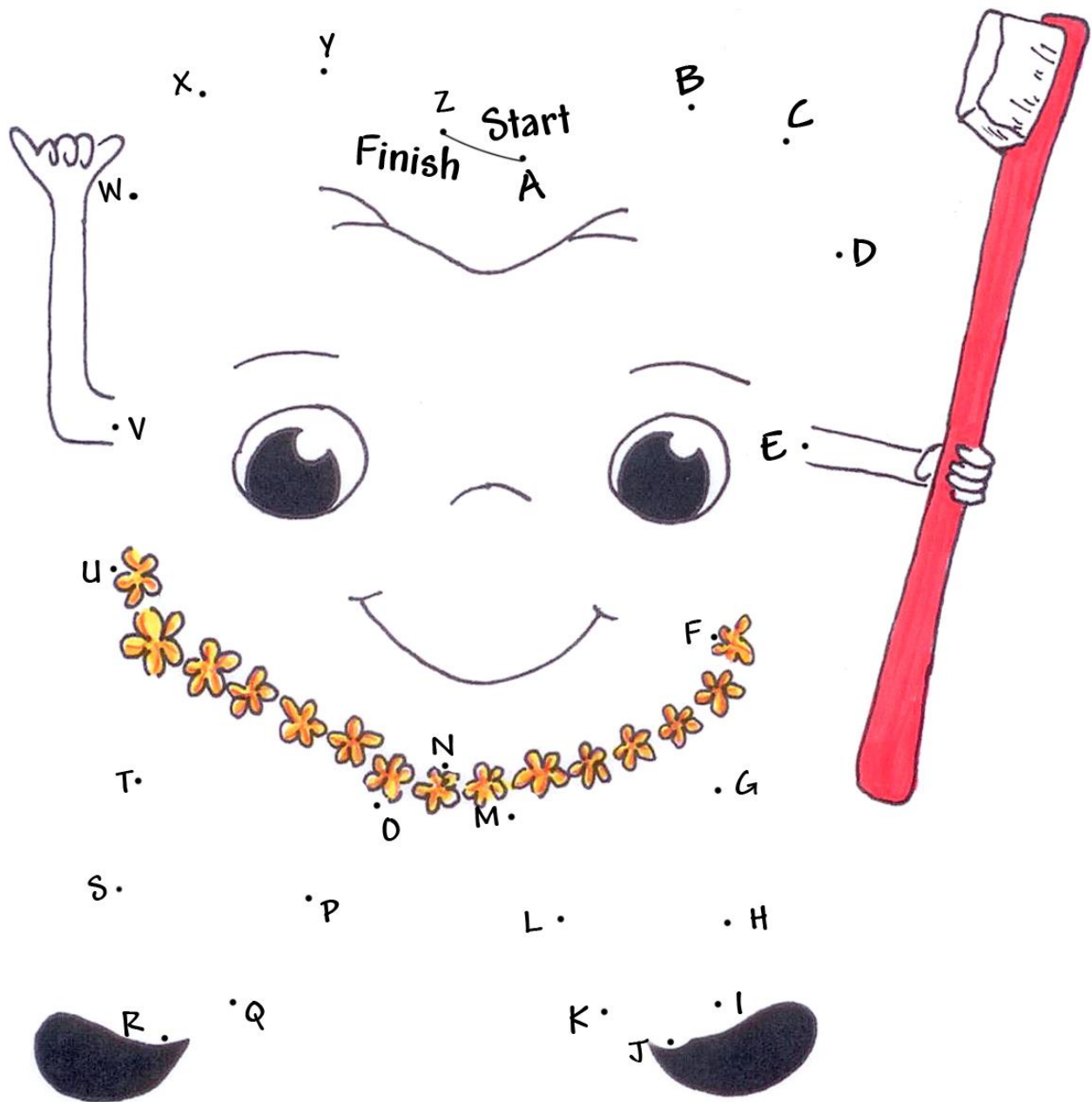
End

Twice A Day

Draw a line connecting each food to the tooth that ate it.



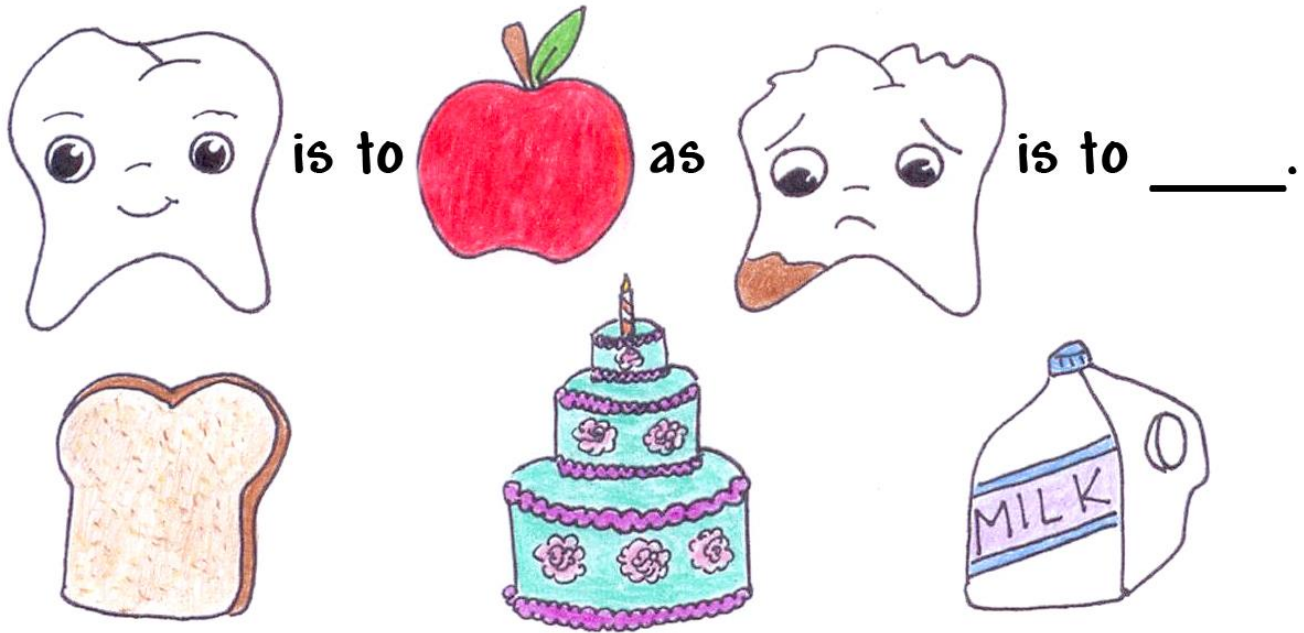
Connect the Dots



Draw teeth for the shark



Circle the picture that completes the sentence.



Read the clues and draw a line from each tooth to their name.

1. Canine Tooth is on the bottom
2. Ms. Molar is in the middle and above Mr. Wisdom
3. Baby tooth is standing on Mr. Niho



Ms. Molar

Canine Tooth

Mr. Niho

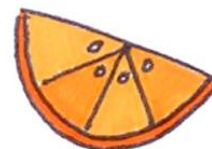
Mr. Wisdom

Baby Tooth

Read the clues to figure out which house the tooth fairy visited.

1. It has a chimney.
2. It has a circle window.
3. It has a blue door.



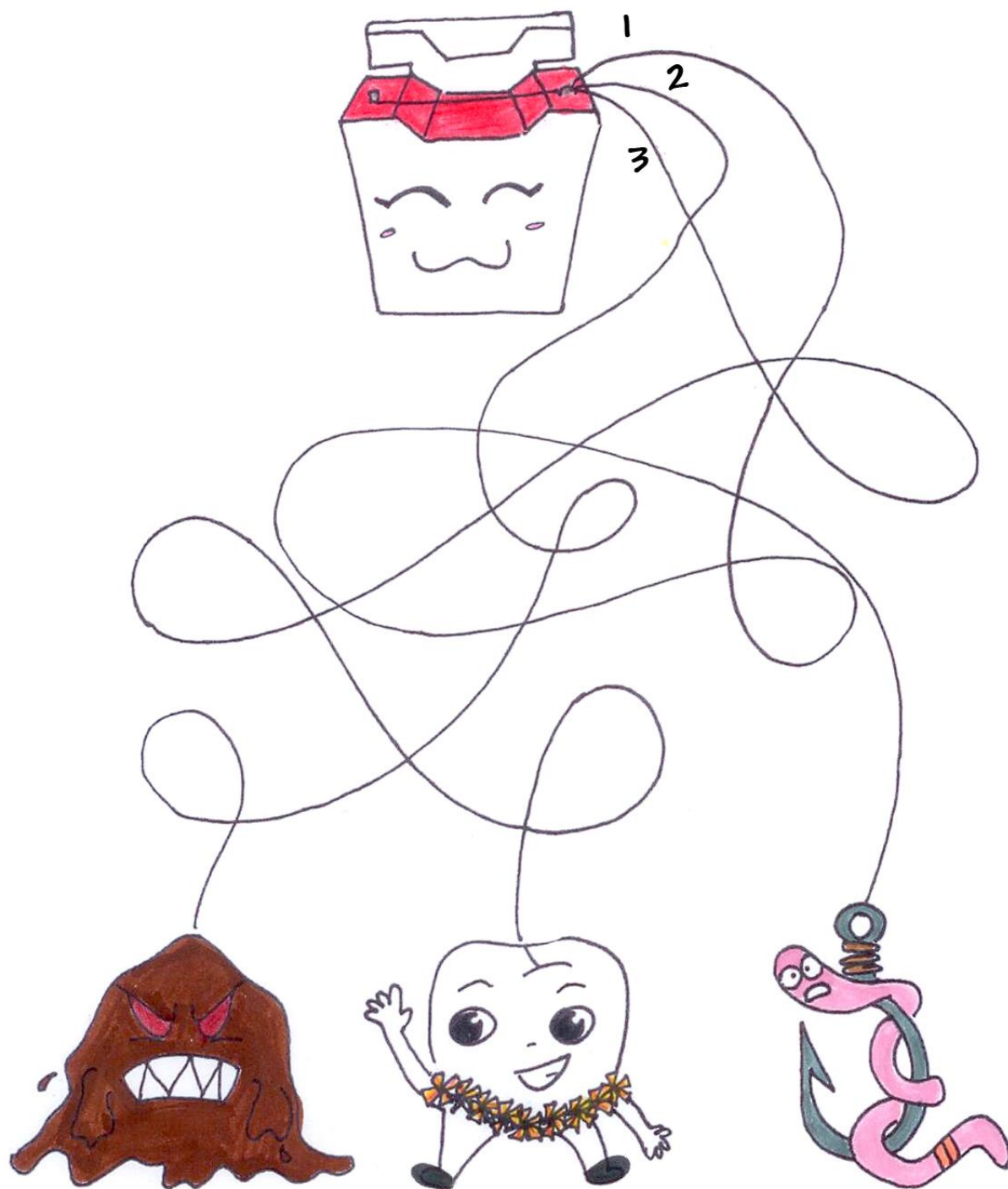


What is Different?

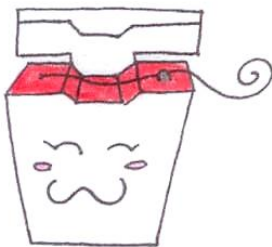
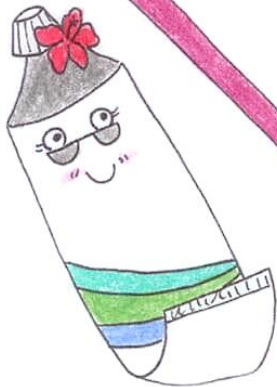
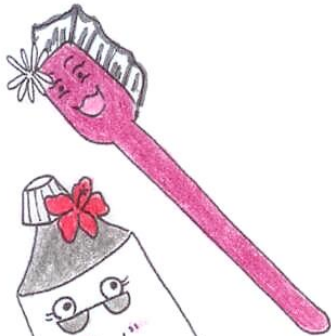
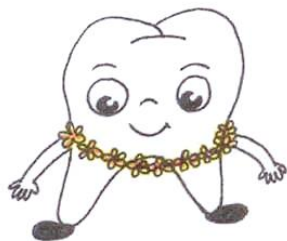
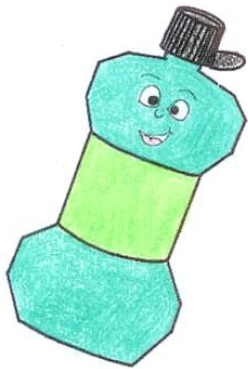


Cross out the sugary treat in each row that does not belong.

Can you find the piece of floss that leads to Mr. Niho?



Match each character to its shadow.





Promise
To always keep my smile healthy!

