

## LIST OF ALLOWABLE ACTIVITIES

Breastfeeding (BF): Report all activities expended for promotion and support of breastfeeding including, but not limited to:

- planning or conducting educational and other services to promote or support breastfeeding;
- delivering/attending training on breastfeeding promotion and support;
- developing/procuring or copying educational materials, instructional curricula, etc., related to breastfeeding promotion and support;
- participating in State and local planning committees dedicated to breastfeeding promotion and support;
- organizing volunteers and community groups to promote and support breastfeeding among WIC participants;
- traveling time related to any of the above activities.

Nutrition Services (NS): Report all activities directly related to general nutrition education not reportable under breastfeeding, including, but not limited to:

- planning, development and/or preparation of nutrition education classes, materials, or consultation;
- conducting individual or group educational sessions with participants;
- training of persons to provide nutrition education;
- evaluating nutrition education, nutrition education resources, including the collection of participant views;
- distributing nutrition education materials;
- monitoring nutrition education;
- providing interpreter and translator services related to nutrition education;
- travel time related to any of the above activities.

Client services (CLIENT): Report all activities used to deliver food and other client services and benefits, not reportable as breastfeeding or nutrition education including, but not limited to:

- conducting interview to obtain diet and health information in the certification process;
- issuance of food instruments and explanation of their use;
- information and referral services to refer clients to other health and social services;
- coordination services with other programs;
- participation in activities, which promote public health and other health and social services for participants;
- conducting and participating in surveys/studies, which evaluate the impact of WIC on its participants.

General administrative (ADM): Report activities including, but not limited to:

- program monitoring, prevention of fraud, general oversight and food instrument accountability;
- planning, preparing and conducting outreach;
- food instrument reconciliation, monitoring and payment;
- vendor monitoring;
- keeping administrative records;
- preparing and maintaining fiscal and program management reports.