What is PRAMS?
PRAMS stands for the Pregnancy Risk Assessment Monitoring System. PRAMS is a surveillance project of the Centers for Disease Control and Prevention (CDC) and state health departments which collects state-specific, population-based data on maternal attitudes and experiences before, during, and shortly after pregnancy. The Hawaii PRAMS program sends a questionnaire to randomly selected mothers who have recently delivered. The program is implemented by the Hawaii Department of Health with the support of the CDC.

What is the purpose of PRAMS?
The goal of the PRAMS project is to improve the health of mothers and infants by reducing adverse outcomes such as low birth weight, infant mortality and morbidity, and maternal morbidity.

Why is PRAMS important?
- PRAMS provides data for state health officials to use to improve the health of mothers and infants.
- PRAMS allows CDC and the states to monitor changes in maternal and child health indicators (e.g., unintended pregnancy, prenatal care, breastfeeding, smoking, drinking, infant health).
- PRAMS enhances information from birth certificates used to plan and review state maternal and infant health programs.
- The PRAMS sample is chosen from all women who had a live birth recently, so findings can be applied to the state's entire population of women who have recently delivered a live-born infant.
- PRAMS not only provides state-specific data but also allows comparisons among participating states because the same data collection methods are used in all states.

How are PRAMS data used?
PRAMS provides data not available from other sources about pregnancy and the first few months after birth. These data can be used to identify groups of women and infants at high risk for health problems, to monitor changes in health status, and to measure progress towards goals in improving the health of mothers and infants.

PRAMS data are used by—
- Researchers to investigate emerging issues in the field of maternal and child health.
- State and local governments to plan and review programs and policies aimed at reducing health problems among mothers and babies.
- State agencies to identify other agencies that have important contributions to make in planning maternal and infant health programs and to develop partnerships with those agencies.

How can I access PRAMS publications and data reports?
Hawaii PRAMS publications can be found on the Hawaii PRAMS website:
There are also Hawaii PRAMS data reports on the Hawaii Health Data Warehouse:

Publications and reports from all PRAMS states can be found on the CDC PRAMS website:
http://www.cdc.gov/prams/

You can also access PRAMS data from all PRAMS states (including Hawaii) through CPONDER, the CDC’s online query system:
http://www.cdc.gov/prams/CPONDER.htm

**If you use any of our publicly available Hawaii PRAMS publications – please let us know! Hawaii PRAMS funding is dependent on our data being used to inform policies and programs, so knowing how our publications and reports are being used is very important to us!**

What if I am interested in information that is not already publicly available?
If you cannot find the information that you are looking for in any of the publicly available sources, you may request it through the formal Hawaii PRAMS Data Request process. The Data Request process is fairly simple: you fill out the attached Hawaii PRAMS Data Request form to the best of your ability, sign and date it, then fax or scan and email it to the Hawaii PRAMS Program Coordinator (we need an original signature so if you email it must be a scanned copy with signature). If the Hawaii PRAMS Program Coordinator has any questions about your request she will contact you.

Since the Hawaii PRAMS Program has limited staff, we recommend that you submit your Hawaii PRAMS Data Request Form at least 1 month before you are interested in using or presenting the data. However, if it is a simple request it will usually be processed much faster.

Once the Hawaii PRAMS Program Coordinator provides you with the results of your Hawaii PRAMS Data Request, you just need to provide us with copies of any publications or presentations that include that data prior to publication or presentation so we can review them and run by CDC if needed. We also request that any data to action outcomes resulting from the data be reported back to us (for example, if you use the data on a grant application and then are awarded the grant, let us know). This is because Hawaii PRAMS grant funding is dependent on data to action reporting.

What if I am interested in conducting my own analysis of Hawaii PRAMS or CDC PRAMS data?
If you are interested in conducting your own analysis of Hawaii PRAMS or CDC PRAMS data, you may do so via the formal Data Sharing Agreement process. Please contact the Hawaii PRAMS Program Coordinator for more information. More information can also be found here: http://www.cdc.gov/prams/Researchers.htm.

What if I have more questions about PRAMS?
Please call Emily Roberson, Hawaii PRAMS Program Coordinator at: Oahu (808)733-4060; Neighbor islands (toll free): Big Island (808)974-4000 extension 34060; Maui (808)984-2400 extension 34060; Kauai (808)274-3141 extension 34060; Lanai and Molokai (800)468-4644 extension 34060. You may also email us at prams@doh.hawaii.gov. We will be happy to answer all of your questions.
Hawaii Pregnancy Risk Assessment Monitoring System (PRAMS)
Data Request Form Instructions

1. Fill out the Data Request Form provided.

2. Please type or print clearly, and remember to sign the form.

3. Failure to provide requested information on the form can result in delay.

4. Please return the completed form to:

   Emily Roberson, MPH  
   Hawaii PRAMS Program Coordinator  
   Hawaii Department of Health  
   3652 Kilauea Avenue  
   Honolulu, HI 96816

   It can be also be faxed to (808)733-8369 or scanned (with signature) and emailed to emily.roberson@doh.hawaii.gov

5. **Verify that your data request can be filled by PRAMS by the requested completion date.** Feasibility of timeline will be determined on a case by case basis depending on the nature of the request.

6. Please contact Emily Roberson at (808)733-4060 or emily.roberson@doh.hawaii.gov if you have any questions.
**Data Request Form**

State of Hawaii, Department of Health, Family Health Services Division, Maternal and Child Health Branch

**Hawaii Pregnancy Risk Monitoring System (PRAMS)**

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To ensure that the PRAMS data will be used correctly, the Hawaii Department of Health PRAMS Program (Hawaii PRAMS) and the U.S. Centers for Disease Control and Prevention (CDC) Protocols require that Hawaii PRAMS reviews and approves all reports or presentations using data obtained through the Hawaii PRAMS data request process prior to presentation and/or publication. Hawaii PRAMS cannot be held liable in the event that incorrect data are released to the public.

I hereby testify that I have read the above and will provide any use of said data to the Hawaii PRAMS Program Coordinator **at least two weeks prior to presentation or publication**.

Signature ___________________________ Date: ____/____/_______

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**Office Use Only**

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