

You are invited to be a part of Hawai'i's suicide prevention and awareness efforts!



ASIST: *Applied Suicide Intervention Skills Training*

ASIST is a suicide prevention training. Requiring two full days of participation, it is a very interactive and informative workshop. It prepares those in the community who are willing and able to be a caregiver by teaching them how to conduct a suicide risk assessment and how to establish a safety plan with a person having thoughts of suicide. The training uses a variety of methods including videos, group discussion and role in order to prepare you to be a care-giving resource within your community.

Thursday, April 9th AND Friday, April 10th

at Kalaheo Neighborhood Center

4480 Papalina Road

Kalaheo, HI 96741

8:00 am - 4:30 pm for BOTH days.

Registration is required in order to attend.

Please register here: <https://Kauai-Asist-April9-10.eventbrite.com>

The training and materials are provided without cost to all participants, so meals or refreshments are not provided. There will be ample time for lunch to be retrieved off-site or you may bring lunch with you to the training.

Please note that those who have experienced a recent loss to suicide may find attending suicide prevention trainings very difficult and are cautioned against participating. For survivor resources, feel free to contact us.

Any questions can be directed to: sptrainings@doh.hawaii.edu



A special mahalo to the Hawai'i State Department of Health for sponsoring these trainings!

