

You are invited! FREE
HEALTHCARE PROFESSIONALS' TELECONFERENCE!
January 10, 2014

Queen's Conference Center
510 S Beretania St,
Honolulu, HI 96813

**SECOND FRIDAY
OF THE MONTH**

12 Noon – 1:30 PM

BRING YOUR LUNCH



.....*David T. Nakamaejo*



Stan Michaels

Topic: Fall Prevention: What the Department of Health is doing to prevent falls in older adults in Hawai'i

Guest Speakers: David T. Nakamaejo, President, Comforting Hands Senior Care, and Stan Michaels, C & A Injury Prevention Coordinator, Hawaii State Department of Health

Learning Objectives

1. Review the State of Hawai'i Department of Health's fall prevention implementation process.
2. Describe the fiscal impact of falls on the medical health system.
3. Identify the financial and emotional impact of falls on the older adult and their family.
4. Explain how the 4 foundations of fall prevention can reduce the risk of falling.
5. Distinguish the tactics being implemented to reach out to the caregiver, older adult and healthcare professional.

If you work with Older Adults in Hawai'i, do not miss this special training!

Preventing Falls Among Older Adults – Hawai'i averages 85 deaths from falls per year among kupuna (EMSIPSB, 2011). Falls are the leading cause of injury-related deaths among older adults (EMSIPSB, 2011; Centers for Disease Control, 2008; National Council on Aging, 2005). Of those hospitalized for a hip fracture, the most common non-fatal injury resulting from a fall, 40% never return home or live independently again, and 25% will die within one year (National Council on Aging, 2005).

For every senior resident who dies from a fall, there are an estimated 41 who require hospitalization for falls, which they ultimately survived, and another 60 who are treated in an emergency department. As with fatal falls, the number and rate of hospitalizations for falls increases dramatically with age over the senior age range. The distribution of gender is different, however, in that most (67%) of the patients are women. Forty-one percent of the patients suffered a fracture, most commonly fractures of the femur (14%). Hospital charges (not including physician charges) average almost \$60 million a year in Hawaii, and 61% of that is paid by Medicare/Medicaid. One third (33%) of these non-fatal falls were "on the same level" from "slipping, tripping or stumbling."

David T. Nakamaejo, President, Comforting Hands Senior Care, a home care agency, which specializes in non-medical companion care services for seniors who live at home, is currently chair of the Hawaii Association of Home Care Agencies and Board member for the Hawai'i Pacific Gerontological Society. He is also an active member of the Department of Health's Fall Prevention Consortium and Injury Prevention Advisory Committee, volunteers his time on the Executive Office on Aging – Statewide Task Force on Falls Prevention, Steering Committee for the Hawai'i Falls Prevention State Plan, and the Alzheimer's Disease and Related Dementia Statewide Task Force and is a Certified Tai Chi Instructor for the Tai Chi for Health Institute teaching Tai Chi for Fall Prevention and Tai Chi for Arthritis.

Stan Michaels, HI DOH C & A Injury Prevention Coordinator, is currently the facilitator for the Hawaii State Fall Prevention Consortium, works on the Injury Prevention Advisory Committee, works with the Steering Committee for the Hawaii Fall Prevention State Plan, is an active member of the National Council on Aging (NCOA) Falls Free Coalition, and is a recipient of a National Fire Prevention Association (NFPA) scholarship for the "Remembering When" Fall and Fire Prevention Program for America's Seniors recently convened in Boston. This partnership with the Honolulu Fire Department and the NFPA will result in Train-the-Trainer, Fall and Fire Prevention programs statewide in 2014.

**TO REGISTER for QCC,
all video conferencing
sites or webinar**

GO TO:

<http://www.regonline.com/training10Jan2014>

**For more information
call Angela
Kennedy-Smith
(808) 349-1137**

This training has been approved for 1.5 CEU CSAC hrs. or 1 CEU (Pending Approval), National Association of Social Workers, HI Chapter hr., for the Primary, Video Tele-conference & Webinar sites.

Training is co-sponsored by HRC.A. Contact their local chapter for information on their CEU process. (See list of Video Conferencing sites & webinar on page 2 of this Flyer.)

Topic: Fall Prevention: What the Department of Health is doing to prevent falls in older adults in Hawai'i

A public awareness campaign will bring attention to the prevalence and serious nature of falls to the elderly. It is vital that everyone, especially the elderly, realize that they are susceptible to falls, that falls are preventable, and that steps can be taken to lessen risk and severity. Seniors may be hindered from taking action to reduce their own risks of falling due to their perceived stigmatization of aging. The public awareness campaign must be sensitive to this concern and shaped accordingly!

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David T. Nakamaejo, Pres.
Comforting Hands Senior
Care, and Stan Michaels,
C & A Injury Prevention Coord.,
HI Department of Health

*All those concerned about Seniors
are encouraged to attend.*

*DOH staff, NGOs, social workers,
case managers, students, interns &
Faith community members
are encouraged to attend this
presentation.*

Friday, Jan. 10, 2014, 12 pm to 1:30 pm

Video Teleconference (VTC) sites are FREE (These sites are pending confirmation and subject to change. Please call the site to RSVP):

**TO REGISTER for QCC, all video conferencing sites or webinar GO
TO: <http://www.regonline.com/training10Jan2014>**

Big Island - Hilo – Hawai'i District Health Office Alison Sato, 808-974-6015

Big Island – DOH Kona Health Center, Jasmine Staup, 79-1015 Haukapila St., Kealahou, HI, 808-322-1500

Kaua'i-DOH, Conference Room., (Capacity 10) Sheryl Keliipio, RN, (808) 241-3428

Lanai: Lana'i Community Health Center, LCHC (Capacity 10) Beverly Zigmond, 808-565-6700

Maui – DOH Emergency Preparedness Office 210 Imi Kala Street, Suite 204 Wailuku. Please call Jeny Bissell at 808-984-2136 or e-mail jeny.bissell@doh.hawaii.gov for reservation (Space limited 10 people).

Molokai - Ka Hale Pomaika'i, 808-558-8480

Molokai State Office (Capacity 10). Tiffany Cuello, (808) 553-3208

Oahu – Ke Ola Mamo, Honolulu Site. Elizabeth Merseburgh, 848-8000 x 228, emerseburgh@keolamamo.org

Oahu - Lanakila Health Center, 1700 Lanakila Avenue, Conf. Rm A (Capacity 24-50) Doreen Vasper, 808-832-5770

Oahu – Leeward Health Center (Capacity 55 people), 860 Fourth Street, #222, Pearl City. Robyn Hironaka, 808-453-5900

Oahu - Shriners Hospitals for Children Honolulu, 808-951-3702

Oahu - UH Manoa at S.T.A.N. - Saunders Hall, 7th floor, TIPG conference Room, 808-956-6668

Oahu - Waianae Comprehensive, 808-697-3559

Oahu - Waimanalo Health Clinic, For reservations, please call Haunani Valente and Ann Tanigawa, 808-259-7949

(For DOH sites only: Email Valerie Yontz vyontz@hawaii.edu to arrange for additional DOH / ICSD VCC site connections in your area.)

This training is available via webinar connection with Scopia. You will need to download Scopia files beforehand. See below for directions. You will link through: <http://vtc.tipg.net/>. You can get links for Scopia there. Log in with your name and meeting ID: 6015. Test it a few days before the event since it will take a while to set it up for the first time. **Please keep your mic muted when you are not speaking.** Fax or email your attendance list after the session to: 1-888-254-8124 or KenAkinaka@aol.com

WEBINAR Directions

Upload the installations at least 30 minutes or ideally a few days earlier to the conference since it may take a while to download these files. Once they have been downloaded on a computer, they will not need to be downloaded to attended future sessions. We will have the conference up at 11am so they can sign in as early as 1 hour. FYI: When new participants join, a “chime” will sound so we recommend you join before 12pm.

After the installation, restart browser and go to <http://vtc.tipg.net/>. Log in with your name and meeting ID: 6015

If you have any questions, problems, or would like to do a Scopia Desktop test, please call (808) 956-6668 or email stan@tipg.net at the S.T.A.N office.