Saving Lives with Answers...
Why is the Hawaii Poison Center important?

An estimated $2.8 million in healthcare costs were saved in Hawaii by utilizing the Hawaii Poison Center to treat poisoning cases at the site of exposure rather than in an emergency department or doctor’s office.

- Poisoning is the second leading cause of unintentional death due to injury in the United States.

- For every dollar spent on poison center services, $13.39 is saved in medical expenses.

- The Hawaii Poison Center’s staff provides emergency poison treatment information that may prevent an unnecessary hospital visit.

2013 Facts...

- The Hawaii Poison Center managed 10,421 cases through its 24-hour hotline.

- 46% of exposed cases involved children under age 5.

- 65% of poison exposure calls that came from the public were treated on site where the poisoning occurred saving the time and costs of an emergency department visit.

- 35% of exposures were referred into a doctor or other healthcare facility for treatment.

Hawaii Cases by County

Kauai 382
Honolulu 6,261
Kalawao 0
Maui 1,070
Hawaii 2,499

Rocky Mountain Poison & Drug Center
777 Bannock Street, Mail Code 0180
Denver, Colorado 80204
**Summary of Results—Hawaii 2013**

**Exposure Cases by Age Group**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-5 Years</td>
<td>2,916</td>
</tr>
<tr>
<td>6-12 Years</td>
<td>283</td>
</tr>
<tr>
<td>13-19 Years</td>
<td>403</td>
</tr>
<tr>
<td>20+ Years</td>
<td>2,666</td>
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</tbody>
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**Top Ten Most Common Poison Categories for Human Exposures**

1. Analgesics 1000
2. Cosmetics/Personal Care Prod. 458
3. Sedatives/Hypnotics 391
4. Household Cleaning Substances 376
5. Foreign Bodies, Toys 341
6. Cardiovascular Drugs 313
7. Pesticides 262
8. Antihistamines 253
9. Topical preparations 227
10. Alcohols 221

**Top Ten Most Common Poison Categories for Children 0-5 Years**

1. Cosmetics/Personal Care Prod. 356
2. Analgesics 291
3. Foreign Bodies (Toys, Misc.) 263
4. Household Cleaning Substances 183
5. Topical Preparations 157
6. Pesticides 139
7. Antihistamines 95
8. Vitamins 90
9. Hormones and hormone antagonists 89
10. Cardiovascular Drugs 88

**Cases by Type—Hawaii 2013**

10,421 Cases Managed by RMPDC Professionals

- Information 3,844 (37%)
- Animal Exposure 173 (2%)

**Case Management Site for 6,404 Human Exposures**

- Non-Health Care Facility
- Health Care Facility

65% of cases were managed at home
35% of cases were referred to emergent care

****Drug ID IVR included
Spring Cleaning – Start with your Medicine Cabinet

Most household medicine cabinets contain expired and partially used medications, which pose a poison risk. The curiosity of children five and younger can lead them to take medicine that looks like candy. Teens looking to abuse drugs can find prescription pain pills, sedatives and cough and cold preparations at home. Last year, Rocky Mountain Poison Center (RMPC) received almost 200,000 calls about people of all ages with exposures or questions on poisoning. While many of these calls are about children less than age 5, an equal number are exposures or questions in adults.

You can prevent poisonings in your loved ones by cleaning out your medicine cabinet and practicing the following:

- Prevent poison injuries with proper storage, supervision and awareness.
- Keep all medicine locked up out of site of young children.
- Return medicine to safe storage (child-resistant caps are not child-proof).
- A tackle box with a lock can be used for medicine storage.
- Be sure to take the entire course of medications as prescribed.
- If your doctor tells you to stop the drug before the end of the treatment period, be certain to discard the remaining medicine.
- Dispose of your old medicines by mixing them with an undesirable substance such as used cat litter or coffee grounds prior to disposing of them in the trash.
- Carbon Monoxide (CO) is a leading cause of death and illness.
- CO is odorless and colorless and can only be detected by a CO detector.
- You can minimize CO poisoning by installing CO detectors and properly maintaining all fuel burning appliances in your home.
- Your call is always free and confidential.
- You can learn more about the above poisons; go to www.rmpdc.org. Click on Poison Prevention Tips to download information. Share with family, friends and community.
- You can get guides, magnets or stickers; call 1-800-222-1222.

Call 1-800-222-1222 anytime and speak to the poison experts at Rocky Mountain Poison Center for Poison Help or answers.