

3.1. Number and Percent Overweight (including Obese)¹ By County, Gender, Age, and Ethnicity - Adult Population^{2,3} of Hawai`i, Hawai`i Health Survey (HHS) 2008

Demographic Characteristic	City & County of Honolulu		Hawai`i		Kaua`i		Maui		Total ⁴	
	N	% Overweight	N	% Overweight	N	% Overweight	N	% Overweight	N	% Overweight
Gender										
Male	199,069	60.3	40,935	62.5	14,494	60.4	34,729	63.1	289,227	60.9
Female	149,238	42.8	32,870	48.8	10,919	44.4	23,105	41.8	216,132	43.6
Age										
18-24 Years	27,066	37.5	7,008	48.9	*	*	*	*	41,427	40.7
25-34 Years	53,163	53.5	9,829	55.7	2,922	52.4	6,437	48.3	72,351	53.3
35-44 Years	67,088	56.0	11,483	63.4	3,284	46.4	10,057	56.3	91,912	56.4
45-54 Years	82,516	59.6	17,218	59.1	6,352	60.2	13,909	54.9	119,995	59.0
55-64 Years	64,470	54.0	15,730	54.6	5,405	52.9	13,116	55.3	98,721	54.2
65-74 Years	32,183	52.3	7,044	54.9	3,059	63.3	6,468	58.1	48,754	54.0
75+ Years	21,822	32.0	5,492	45.6	1,932	38.5	2,952	33.4	32,198	34.3
Ethnicity/Race										
Caucasian	78,877	50.2	27,562	50.7	8,812	51.0	22,368	47.4	137,619	49.9
Hawaiian	88,390	70.1	21,091	73.2	5,767	58.8	14,651	67.1	129,899	69.6
Chinese	23,588	38.0	*	*	*	*	*	*	25,812	37.6
Filipino	40,993	47.2	5,925	53.9	4,894	53.6	8,462	53.0	60,274	49.0
Japanese	78,221	43.9	10,315	48.7	3,526	46.3	5,718	45.5	97,780	44.5
Other Unk. Ref.	38,237	55.9	7,904	55.3	2,188	57.5	5,645	54.2	53,974	55.7
Insurance										
Insured	327,653	51.4	65,775	57.0	23,445	53.2	53,985	54.1	470,858	52.5
Uninsured	18,600	53.9	7,280	44.7	1,935	45.0	2,878	30.6	30,693	47.6
Unknown	*	*	*	*	*	*	*	*	3,806	45.0
Poverty⁵										
<63%	11,760	51.6	5,339	71.0	*	*	*	*	20,330	56.6
63-100%	16,901	58.9	6,564	56.6	1,439	54.4	3,449	52.0	28,353	57.2
101-133%	17,747	60.5	5,262	51.9	1,965	62.1	3,052	51.8	28,026	57.8
134-185%	29,502	49.8	5,839	48.7	2,212	39.4	7,017	61.9	44,570	50.5
186-200%	*	*	*	*	*	*	*	*	9,303	48.1
201-300%	56,756	54.2	13,898	52.7	5,724	54.2	11,939	52.7	88,317	53.8
>300%	210,555	49.9	34,439	56.0	12,405	53.2	29,059	50.1	286,458	50.7
Total Overweight & Obese										
	348,308	51.3	73,804	55.5	25,414	52.3	57,832	52.4	505,358	52.1

¹ Overweight (BMI 25-29.9) Obese (BMI 30 and above) by Clinical Guidelines, NIH 1998

² Respondent only, aged 18 years and older

³ Sample numbers provisionally weighted and adjusted for total adult population of Hawai`i (total numbers are adjusted as households without telephones, Ni`ihau, group quarters, and homeless are not represented, see HHS Procedure Manual 2008)

⁴ Row and/or column totals may not sum to totals listed due to rounding

⁵ Percent Poverty determined by 2007 total household income and 2008 Health and Human Services Poverty Guidelines

^{*} Number of cases in sample denominator (<50) too small for reliability and not presented

Sample size 3,034 overweight and obese adults out of 5,954 respondents

Figure 3.1. Percent Overweight or Obese for the State Adult Population of Hawai'i and By County, Hawai'i Health Survey 2008

