SOME BIG SURF SAFETY TIPS:

* **NEVER** turn your back on the ocean!
* **Swim** at beaches **WITH** lifeguards
* **CHECK** with lifeguards for conditions
* **READ** and **OBSERVE** posted sign warnings

* **WATCH** children carefully and **HOLD** on to the younger ones.
* **NEVER** attempt to swim at the water’s edge during big surf.
* **WATCH** the surf for at least 15 minutes before entering the water.
* **NEVER** rely on your board or leash as a substitute for swimming ability.
* **NEVER** surf or bodyboard in big waves unless you are an expert.
* **NEVER** swim in big surf if you are not a strong swimmer.
* **DON’T** drink alcohol or do drugs and swim

* Be **PREPARED** for a wipeout!

* **IF IN DOUBT, DON’T GO OUT!**