



Make an Emergency Kit

1 WATER

- One gallon of water per person per day for 7 days for drinking and sanitation



6 FLASHLIGHT

- Flashlight and extra batteries
- Whistle to signal for help
- Cell phone with charger, inverter or solar charger



2 FOOD

- Non-perishable food for 7 days for each person
- Infant formula
- Can opener for food



7 HYGIENE ITEMS

- Feminine supplies & personal hygiene items
- Diapers



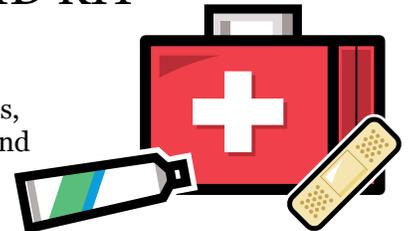
3 RADIO

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both



8 FIRST AID KIT

- First aid kit
- Moist towelettes, garbage bags, and plastic ties for personal sanitation



4 MEDICATIONS

- Prescription medications and glasses



9 CASH

- Cash or traveler's checks and change



5 CLOTHES

- Complete change of clothing including a long sleeved shirt, long pants, and sturdy shoes
- Sleeping bag or warm blanket for each person



10 PET FOOD

- Pet food and extra water for your pet

