



Healthy Child Care Hawaii invites you to join nationally trained child care health consultant, Dr. Mae Kyono, for **HOT TOPICS, 2014:**

You Have the Power— Affecting the Effects of Toxic Stress

Learning how to cope with Stress is an important part of healthy child development. However, the constant activation of the body's stress response systems during early development can affect brain architecture and other developing organ systems and have lifelong damaging effects on learning, behavior, and health.

Please join us to learn how:

- to describe three kinds of responses to stress – positive, tolerable, and toxic
- to explain how the science of early brain development can affect lifelong impairments in physical and social emotional health
- to describe what we can do to prevent damage from toxic stress response
- to recognize the signs of toxic stress affecting our children



Target Audience: Early education and care providers and their health consultants.

There are 3 dates for this Hot Topics seminar from which you can select. The curriculum for each seminar is the same, so select the date, time and location that is most convenient for you.



January 23, 2014 Thursday 6:00pm to 7:30pm	Shriners Hospital for Children Education Center, Makai Room (totally smoke free facility) 1310 Punahou St, Honolulu HI 96826	Light Dinner Provided (please bring own beverage) RSVP by Noon on 1/17/2014 Parking instructions provided with confirmation
April 30, 2014 Wednesday Noon to 1:30pm	Windward District Office, Conference Room 1 King Middle School 46-169 Kamehameha Hwy, Kaneohe 96744	Lunch provided (please bring own beverage) RSVP by Noon on 4/25/14
May 5, 2014 Monday Noon to 1:30pm	Mililani Missionary Preschool, Upstairs 95-801 Kipapa Dr, Mililani HI 96789 <i>Mahalo to Kia'I ka'ike for their support and partnership</i>	Lunch provided (please bring own beverage) RSVP by Noon on 4/30/14

Reserve your space today—no cost to attend:

Please let us know if you have dietary restrictions or need special accommodations, including translation. Contact Kathryn Sthay or Sharon Taba via email or phone and provide the information requested on page 2.
ksthay@aap.net 808-377-5738; sharon@medicalhomeworks.net 808-384-2902

This training is sponsored by Healthy Child Care Hawaii in collaboration with the UH Department of Pediatrics, American Academy of Pediatrics—Hawaii Chapter and the Hawaii State Department of Health. Funded by Department of Human Services.



Request an electronic copy of this flyer from ksthay@aap.net
 Visit the HCCH webpage <http://health.hawaii.gov/cshcn/hcch/>

RSVP for Hot Topics, 2014

Please provide the following information when registering:

Preferred Date (please select) January 23 April 30 May 5

Attendee Name _____

Position/Title _____

Child Care Program Name _____

Child Care Program's Health Consultant _____

Attendee's:

Email _____ Phone _____

Dietary
Restrictions _____

Special Accommodations
Required _____