



# Hot Topics Health and Safety Cards

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Healthy Child Care Hawaii Project

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# Healthy Child Care Hawaii (HCCH)

## HCCH Collaboration

- University of Hawaii Department of Pediatrics,
- American Academy of Pediatrics-Hawaii Chapter,
- Department of Health-Family Health Services Division, and
- Department of Human Services



# Healthy Child Care Hawaii Goals

- Develop statewide network of child care health consultants.
- Provide opportunities for pediatricians-in-training to teach developmental and health topics.
- Promote safe, healthy, and developmentally appropriate early childhood environments for children.
- Promote/provide/coordinate health and safety education for children, families, and early childhood staff.
- Help children/families in early childhood centers to access a medical home, Medicaid/S-CHIP, and other health resources.



# CCHC Training Goals

- Promote national standards in health and safety in child care
- Become an advocate for quality child care
- Assist local child care center(s) in improving quality
  - Workshops, or talks, or Q & A sessions

# CCHC's Responsibility in Child Care is to:

- The Children: To promote their safety, health, and development
- The Parents and Staff: To educate them on what is safe and appropriate for the children
- The Community: To consult with child care providers and other members of the community to promote the best interests of children



# Today's Session

- o Health and Safety Cards
- o Working with your CCHC



# Learning Objectives

1) Learn a fun way to improve the health and safety at your child care facility

2) Expand your knowledge and use the cards to work with your health consultant



# Health and Safety Cards

- Topic of the week
- Work with your CCHC
- Focused to make the task do-able!
- Derived from the "Health and Safety Checklist"

# Health and Safety Facility Checklist for Child Care Centers

(Training checklist with Guidance)

Child Care Center/Provider: \_\_\_\_\_

Date of Visit: \_\_\_\_\_

Safety	No Concern	Concern (Observation)	Actions Taken
1. The center has working fire extinguishers and smoke detectors (S.5.653, 5.654) <i>(Inspection or expiration date posted on the tag attached to the fire extinguisher)</i>			
2. Electrical outlets accessible to children are covered (S5.048) <i>(All electrical outlets accessible to children shall have safety covers. Some newly installed electrical outlets are protected by child resistant ground fault circuit interrupt (GFCI) shock protection devices or safety receptacles)</i>			
3. Electrical cords shall be of good condition and are placed beyond children's reach (S.052) <i>(Frayed cords or cords with loose connections shall not be used. Injuries may occur when children pull appliances down on themselves by pulling on the cord or when children chew on the cord.)</i>			
4. Cleaning products, poisons and other dangerous items are stored in the original labeled containers inaccessible to children (S.5.100) <i>(Chemicals shall be used in a manner that will not contaminate play surfaces, food, or food preparation areas. When not in use, chemicals shall be kept in a room or cabinet inaccessible to children, separated from stored medications and food.)</i>			
5. A well-supplied first aid kit is available to staff and out of reach of children (S5.095) <i>(See attached first aid kit supplies list)</i>			
6. The emergency exits are clearly identified and escape route clearly marked (S.5.024)			
7. Doorways and exits are free of debris and equipment to allow unobstructed passages. (S.5.019)			

All Classrooms	No Concern	Concern (Observation)	Actions Taken
<p>1. Walls, ceilings, floor, furnishing are in good repair, free from visible soil and in good condition (S.3.034) <i>(Wall, ceiling, floors and furnishings shall be free of chipped paint. broken furnishings and toys are in good repair.)</i></p>			
<p>2. Bathrooms are clean, in good repair and easily reached by children (S.5.116-5.119) <i>(Clean toilets and handwashing facilities shall be within 40 feet of the closest part of all indoor and outdoor play areas. children shall be able to easily open toilet doors from the inside or caregivers shall be able to easily open toilet-room doors from the outside. If toilets are not within sight or hearing of a caregiver, an adult shall accompany children younger than 5 years of age to and from the toilet areas.)</i></p>			
<p>3. Garbage is disposed in a safe sanitary manner (S.5.066) <i>(Garbage containers shall be lined with plastic bag liners and shall be kept covered with tight-fitting lids. Garbage containing food particles disposed by children must be removed from the classroom after each meal. Garbage and rubbish shall be removed from the facilities on a daily basis.)</i></p>			
<p>4. Toys, materials and furniture are made of nontoxic materials, and in good condition. <i>(Art materials: paints, glues, color pencils etc. are required to meet standards indicated by ASTM D-4236 on the labels.)</i></p>			
<p>5. Child care facilities are encouraged to adopt a modified version of Standard Precautions. This modified version of Standard Precautions shall be used to handle potential exposure to blood, including the blood-containing body fluids and tissue discharges and to handle other potentially infectious fluids. (S.3.026)</p>			
<p>6. Electric fans are inaccessible to children (S.030)</p>			
<p>7. Stoves, microwaves, pipes and other hot surfaces cannot be reached by children (AAP) <i>(Inquire about cooking activities. Ask about safety procedures, if stove, microwave, toaster oven are used for cooking activities.)</i></p>			

8. Sharp furniture edges are cushioned (AAP)			
9. Medications are kept in original container, properly labeled, stored away from food, refrigerated if needed and are inaccessible to children (S.3.081-083, S.8.021) <i>(Center shall have a written policy for the use of any prescription and non-prescription medication. The policy must include clear accurate instruction and medical confirmation of the child's need for medication, parents signed consent, procedures for labeling and storage and training of staff to administer medication.)</i>			
10. Strings and cords long enough to encircle a child's neck are not accessible to children (S.3.160) <i>(Window covering cords; cords or ribbons tied to pacifiers can become tightly twisted or can catch on crib corner posts or other protrusions; clothing strings can catch on playground equipment; all are frequently associated with strangulation of children.)</i>			
11. Caregivers shall directly supervise infants, toddlers, and preschool children by sight and hearing at all times. (S.2.028, S5.168)			

Outdoor	No Concern	Concern (Observation)	Actions Taken
1. The playground equipment is in good repair and safe condition (no sharp edges, splinters, cracks protruding parts etc.) (S.5.196) <i>(playground equipment shall be inspected for safety at regular intervals and the observations documented)</i>			
2. Outdoor areas are kept free of excessive dust, weeds, brush, high grass and standing water (S.5.227) <i>(Dust, weeds, brush, high grass is potential allergens. Standing water breeds insects)</i>			
3. Surfaces underneath indoor and outdoor play equipment that children can climb are covered with impact-absorbing materials (S5.183) <i>(See Dirty Dozen handout note, pea gravel is not recommended for &lt;3 years old)</i>			
4. A play structure shall have no opening with a dimension between 3 1/2 and 9 inches to guard against entrapment (S.5.186) <i>(See Dirty Dozen handout)</i>			

5. All play equipment shall have a minimum of 6' clearance from other structure. The front and rear of swing have the fall zone of twice the height of the swing (S.5.171-172) <i>(See Dirty Dozen handout)</i>			
6. The outdoor play areas are arranged so all areas are visible to the staff at all times (S.5.168) <i>(This arrangement promotes the prevention of injury and abuse)</i>			

Infant/Toddler Classrooms:	No Concern	Concern (Observation)	Actions Taken
1. The diaper changing area is located away from eating and food preparation area (S5.132) <i>(The diaper changing area and food preparation area shall be physically separated. The changing area shall not be used for temporary placement of food or utensils or for serving of food. Food and drinking utensils shall not be washed in these sinks.)</i>			
2. Dispose soiled diapers in a plastic-lined, hands-free, covered trash can. Soiled cloth diapers and soiled clothing that are to be sent home shall be individually bagged. (S5.067) <i>(Soiled diapers shall be stored inside the facility in containers separate from other waste. Washable, plastic-lined, tightly covered receptacles, with a firmly fitting cover that does not require touching with contaminated hands and objects, shall be provided within arm's reach of diaper changing table.)</i>			
3. Infant sleeping areas do not have soft beddings. Pillows, fluffy blankets or stuffed toys (S.5.146)			
4. Infant cribs have slats spaced no more than 2 $\frac{1}{2}$ " apart. No more than 2 fingers can fit between the mattress and the crib side. (S5.145) <i>(Children have strangled because their shoulder or neck became caught in a gap between slats or between mattress and crib side that was too wide)</i>			
5. Cribs, cots, sleeping mats or pads shall be placed at least 3 feet apart. (S.5.144) <i>(Separate sleeping and resting reduces the spread of disease from one child to another.)</i>			
6. The minimum height from the top of the mattress to the top of the crib rail is 20". Cribs have secure latching devices and shall not have corner post extensions over 1/16" (S.5.145) <i>(Corner posts present a potential for clothing entanglement and strangulation.)</i>			

7. Infants are placed on their back when they sleep. Infant's head shall remain uncovered (S5.146.3.008)

*(Unless the child has a note from a physician specifying otherwise, infants shall be placed in the supine (back) position for sleeping to lower the risks of SIDS. When infants can easily turn over from the supine to the prone position, they shall be put down to sleep on their back, but allowed to adopt whatever position they prefer for sleep)*

8. Breast milk is placed in properly labeled bottles and is kept in the refrigerator when not used (S4.015.4.017)

*(Expressed breast milk shall be discarded if it has been unrefrigerated for an hour or more. Unused breast milk shall be discarded after 48 hours if refrigerated.)*

9. When bottle feeding, caregivers shall either hold infants or feed them sitting up. The facility shall not permit infants/toddlers to have bottles in the crib or to carry bottles with them either during the day or at night. (S.4.014)

10. Toys that cannot be washed and sanitized shall not be used. Toys that are mouthed shall be set aside where children cannot access them. (S. 3.036)

*(Toys must be set aside until they are washed with water and detergent, rinsed, sanitized and air-dried or washed in a mechanical dishwasher. Caregiver shall closely supervise to prevent shared mouthing of toys.)*

11. Toys or small objects available to children under 3 shall meet the federal small parts standards for toys. Examples are toys or objects with removable parts with a diameter less than 1 1/2" and 2" in length; balls smaller than 1 1/2" in diameter, toys with sharp points and edges, plastic bugs, Styrofoam objects, rubber balloons, marbles. (S.5.087)

*(Any part smaller than these has a potential choking hazard)*

# Hot Topics Health & Safety

For Early Childhood Programs



*Healthy Child Care Hawai'i*

*A collaborative project of:*

Hawaii Department of Health  
Children with Special Health Needs Branch

American Academy of Pediatrics - Hawaii  
Chapter

University of Hawaii  
John A. Burns School of Medicine  
Department of Pediatrics

*Funded by:*

Hawaii Department of Human Services

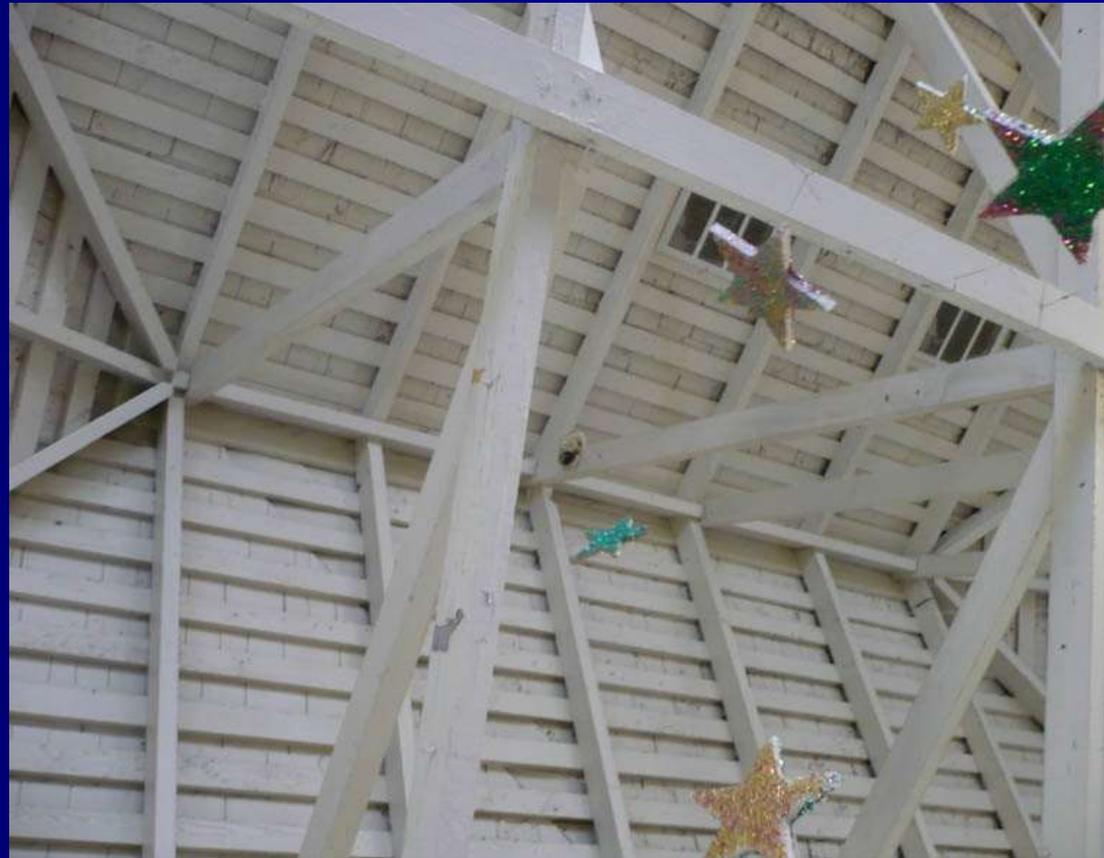


- Safety

- Smoke Detectors



- \* Do you know where they are located
- \* Are they working?
- \* Tested each month?





- Safety

- Fire Extinguishers



- \* Inspection date or expiration date posted on tag attached to the fire extinguisher
- \* Instructions for use are posted near or on the fire extinguisher







- **Safety**

- **Electrical Cords and Outlets**



- \* Do all outlets accessible to children have safety covers?
- \* Cords placed out of the reach of children?
- \* Cords in good condition – none frayed or with loose connections





- **Safety**

- **Cleaning Products, Poisons, & Other Dangerous Products**



- \* Stored in original containers?
- \* Used in a manner that does not contaminate play surfaces, food, or food preparation surfaces?
- \* Stored in room or cabinet inaccessible to children?
- \* Stored separated from stored medications and food?





- Safety

- First Aid Kit



- \* Staff knows where it's located?
- \* Inaccessible to children?
- \* Well supplied?



**+** First Aid





- Safety

- Emergency Exit



- \* Escape route?

- \* Exits clearly identified?





- Safety

- Doorways & Exits



- \* Free of debris and equipment to allow unobstructed passage?





# Interactions

Child:Child



Staff helps children develop  
Appropriate social behaviors  
with peers

...Talks through conflicts

...Helps them understand  
feelings of others

...Encourages children to find  
friends



# Interactions

Caregiver:Child



Staff enjoys being with children

...Responds sympathetically to help children that are upset, hurt, or angry

...Encourages the development of mutual respect between adults and children

...Models good social skills



Outdoors



Playground Equipment



- \* Minimum of 6 feet clearance from another structure
- \* Swing fall zone is twice the height of the swing both in front and back





- Outdoors

- Outdoor Areas



- \* Free of excessive dust
- \* Free of excessive brush, weeds, high grass
- \* Free of excessive standing water





Outdoors



Playground



- \* Good repair
- \* Structure should not have openings between 3.5 and 9 inches in diameter to guard against entrapment
- \* Inspected for safety and documented





Outdoors

Fall Surface



\* Impact-absorbing material







Classrooms

Toys, Materials,  
& Furniture



- \* Good condition?
- \* Nontoxic
- \* Clean
- \* Variety of toys and learning materials





Classrooms

Medications



- \* Written policy
- \* Parental consent
- \* Kept in original container,  
Properly labeled
- \* Stored away from food,  
Inaccessible to children



### CONSENT FOR ADMINISTRATION OF MEDICATION

I, (Print Name) \_\_\_\_\_, authorize the above center staff of Room # \_\_\_\_\_ to give my child, \_\_\_\_\_, the prescribed dose of medication as follows:

Dose: \_\_\_\_\_ of (Name of Medication) \_\_\_\_\_  
 at (times) \_\_\_\_\_ until (date) \_\_\_\_\_  
 or  further notice.  
 Prescribed by: Dr. \_\_\_\_\_

Further, I agree to hold harmless and indemnify Seagull Schools, Inc. from any claims or damages not covered by insurance, arising out of mistakes in administering the medication.

PARENT (signature): \_\_\_\_\_ DATE: \_\_\_\_\_  
 \_\_\_\_\_ DATE OF Rx: \_\_\_\_\_

*Medications must be in original container.  
 Long-term medication must be renewed every 3 months.*

Possible side effects, if any \_\_\_\_\_  
 \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Physician's Signature: \_\_\_\_\_

#### FOR STAFF TO COMPLETE

DATE PRESCRIPTION WAS FILLED (must be current): \_\_\_\_\_  
 PHYSICIAN'S DIRECTIONS FOR USE: \_\_\_\_\_  
 CHILD'S OWN NAME ON LABEL: \_\_\_\_\_ ROOM NO. \_\_\_\_\_

#### RECORD OF DISPENSATION

DATE	AUTHORIZED STAFF'S SIGNATURE	TIME ADMINISTERED
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		

\*Reminder: We do not have medical staff on site.

## STOP INJURIES MEDICATION ADMINISTRATION

### THE FIVE R'S

- Right medication 
- Right child 
- Right amount 
- Right time 
- Right route 



Classrooms

Bathrooms



- \* Clean?
- \* Good repair?
- \* Easily reached by children?





# Classrooms

Electric Fans, Microwaves,  
Stoves & Other Hot Items



- \* **Inaccessible to children?**
- \* **Out of reach**





**Classrooms**

**Garbage**



**\*Trash container  
lined with plastic  
bags & good  
fitting lid**

**\*Removed daily in  
a sanitary manner**





Classrooms

Supervision of  
Children



- \* Directly supervise infants and toddlers
- \* Supervise preschoolers by sight and hearing
- \* Appropriate child:staff ratio



Infant~Toddler

Diaper Changing



- \* Diaper changing area is NOT located in food preparation area
- \* Soiled cloth diapers or clothes are NOT rinsed, but sealed in Plastic bags for the family
- \* Handwashing (staff & child) after each diaper change



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# thank you!!

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